

## SKILLS CHECKPOINT

**A**  Usłyszysz dwukrotnie cztery teksty. Wybierz poprawne odpowiedzi, zgodne z treścią nagrania: a, b albo c.

1 What sport does the girl do?



2 Who is talking about the match?



3 How did the boy feel?

a He was confident.

b He was thrilled.

c He was upset.

4 When will the next competition be?



**B**  Usłyszysz dwukrotnie rozmowę dwóch koleżanek. Na podstawie informacji zawartych w nagraniu dokończ zdania 1–3.

1 At the beginning of the match the girls were

a upset.

b worried.

c confident.

2 The team played well

a for the whole match.

b at the beginning of the match.

c at the end of the match.

3 The team trained hard

a all year.

b last month.

c all summer.

**C** Przeczytaj informacje o trzech osobach 1–3 oraz cztery opisy dyscyplin sportowych a–d. Do każdej osoby dopasuj odpowiednią dyscyplinę. Uwaga! Jedna dyscyplina została podana dodatkowo i nie pasuje do żadnej osoby.

1 Greg ...	2 Derek ...	3 Chris ...
I like doing individual sports and trying to beat my own personal best. I can't swim very well and, to be honest, I don't enjoy being in water. I also think running round a track is very boring, so it would have to be something different.	I've tried a few sports like tennis and football, but they're not for me. I love anything to do with water, and I think that actually being in control of a boat myself would be the best sport for me. It would also give a wonderful sense of freedom.	I'm like Greg because I don't enjoy being in water either. What I do like is trying different types of activity, not just one discipline. It could be running, jumping or something else, but there must be a choice of the things I can do.

**a** Are you fast on your feet? Do you think you could race against other competitors? If the answer is yes, try going to your local stadium and asking if they have an athletics club. They will help find the perfect sport for you, and can also give you good advice about how to train better.

**b** If you live near the sea or a lake, why not find out about sailing courses? You can usually get a sailing certificate after only a few weekends of lessons. And there's nothing better than racing across the water with only the wind behind you.

**c** If you like water and you're a good swimmer then diving might be the thing for you. It looks scary, especially when you stand on a board 6 metres above the water. But the feeling you get when you dive from such a height is amazing.

**d** If you like to be out in the fresh air and you enjoy fast sports, try going cycling. It's a great work out and there are a few different disciplines connected to the sport that you can try. There are teams all over the country, but it's also a great sport to do on your own.

### Znajomość funkcji językowych

**D** Do podanych zdań 1–2 dobierz właściwe wypowiedzi spośród a–c.

1 X: ... ?

Y: No, I don't. I think it's really boring.

- a Do you enjoy watching football?
- b Are you watching football match?
- c Can you play football?

2 X: ... ?

Y: Yes, I'm really excited about it!

- a Was that match boring?
- b Do you look for to the match?
- c Are you looking forward to the match?