

Sleep

During the week I usually _____ about 7.30 am. If I don't, my mum _____.
I _____ a few minutes later. In the evenings I _____ about 10.30 pm, and
usually _____. If I _____ I try to _____ in the
afternoon when I get home from college.

1 stop sleeping

2 get out of bed

3 start sleeping; *syn* **fall asleep**

4 immediately

5 go to bed very late; *opp* **have an early night**

6 a short period of sleeping, e.g. half an hour

Food

I have coffee and _____ for breakfast, then _____, maybe a
 sandwich and an apple, and a _____ in the afternoon. We have
our _____ in the evening. If Mum's late home from
work, she _____ to cook; we just get a _____ instead.

One of us has to _____ the cat as well.

1 have a small meal

2 a small amount of food you eat between meals but eat at home

3 doesn't do something because there is no
reason or because it is too much work

4 a meal you buy in a restaurant

5 give food

Bathroom routines

I usually _____ when I get home from college because my sister, Rosie, and my brother, Marcus, spend so much time in the bathroom in the morning. I only have time to _____ and _____ (*syn brush my teeth*), before Rosie comes in to _____ a bit of _____. In the winter I sometimes _____ 1 a shower. I like to lie in the bath and listen to music.



1 in place of (a shower)

Marcus **having a shave**

Rosie **putting on make-up**

Housework*

_____ we've got a _____ who _____ a lot of the _____, and that includes _____ my _____. But I still have to _____ my _____ and some of my _____, and I sometimes _____ with Mum.

* the work of keeping a home clean and tidy

1 happening because of good luck; *syn luckily*

2 a person who cleans

3 washing my clothes

Language help

When we **do the shopping**, we buy food at the supermarket; when we **go shopping**, it is a leisure activity and we perhaps buy clothes, DVDs, books, etc

Spare time*

On weekdays I usually _____ and watch TV in the evening. At the weekend I _____ quite a lot with my friends, either to the cinema or just to a cafe, and

Sometimes friends _____ and we _____ about clothes, music and college.

* time when you are not working

1 stay at home

2 eat in a restaurant; *opp* **eat in**

3 visit me in my home

4 have an informal conversation

