

- 5** Listen to three monologues about healthy habits. Which **FOUR** of the following do the teenagers mention? Click the answers. Then check.
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 **1** chewing gum

 **3** salt

 **5** pizza

 **2** sugar

 **4** cola

 **6** chocolate

- 6** Listen again and decide if the sentences below are true or false. Click T or F.
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Speaker 1

 **1** Chewing gum can be good for your teeth.

☐ T ☐ F

 **2** The speaker always chews gum in maths lessons.

☐ T ☐ F

Speaker 2

 **3** The speaker studied for a history exam last week.

☐ T ☐ F

 **4** The speaker felt relaxed during the exam.

☐ T ☐ F

Speaker 3

 **5** Chocolate isn't bad for your skin.

☐ T ☐ F

 **6** There are about 50 calories in a big bar of chocolate.

☐ T ☐ F