

CLASSWORK

I. Read the text and think of the word which best fits each gap. Use only one word in each gap.

Very little happened in science between the time of the ancient Greeks and the 17th century, or (0) **so** we are told at school. However, (1)

because Western Europe was languishing in the Dark Ages does not mean there was stagnation elsewhere. Indeed, in the Arabic peninsula, this was the Golden Age of science. Probably the most influential scientist of this period was Ibn al-Haytham, who was born around 965 in (2) is now Iraq.

Ibn al-Haytham is increasingly being recognised as the father of the scientific method, a title which has long been attributed to the 17th Century scientists Francis Bacon and Rene Descartes. The scientific method is the process of acquiring knowledge through observation and measurement, which continues to be used in the advancement of science to this (3)

Ibn al-Haytham was the first scientist to correctly (4)

for how we see objects; that is, that the 'emission theory' (5)

forward by Plato, Euclid and Ptolemy, (6) light shines from our

eyes onto the objects that we see, was false. He correctly identified that we see objects as a (7) of light entering our eyes.

Al-Haytham conducted a great many more experiments into light and planetary orbits, and these studies (8) the way for the later work of the great Renaissance physicists, Copernicus, Galileo, Kepler and Newton.

II. Read the text. Match Andrew's answers (A, B,C) to the correct letter.

1.

Dear Andrew,

I am really overweight! I've cut out breakfast and all fatty foods, but I just can't seem to lose weight. I'm desperate. Please, help!

Hungry & Miserable, Coventry

2.

Dear Andrew,

I am always stressed out! I work long hours and find it hard to relax when I get home. What can I do? Stressed, Brighton

3.

Dear Andrew,

I sit at a desk all day, but I always seem to feel tired!

Any suggestions ?

Sleepy, Cardiff

A: Don't despair! First of all, you should always eat breakfast! Imagine you are a car! If your "fuel tank" is empty, it doesn't go anywhere! Also, if you skip meals, you often eat more later and put on weight. You should eat a balanced diet and take plenty of exercise. That's the best way to lose weight!

B: Try going for a quick swim in the morning or walking to work. When you exercise, your heart beats faster and your blood carries more oxygen to your brain. This gives you more energy and helps you to think more clearly! Also, do you get enough sleep? Remember, most people need 7- 8 hours of sleep to function well the next day!

C: Take it easy! There's more to life than work you know! Why not take up a new sport or hobby to get out of the house? You could join a gym! If you exercise regularly, your body copes with stress much better. Also try not to drink too much coffee and tea. If you drink a lot of caffeine, it increases anxiety.

III. Look at the text again. What happens if/ when ...

you skip breakfast ?

you exercise regularly?

you drink a lot of caffeine ?

**IV. Make sentences using should and shouldn't.
What would you say to a friend who ...**

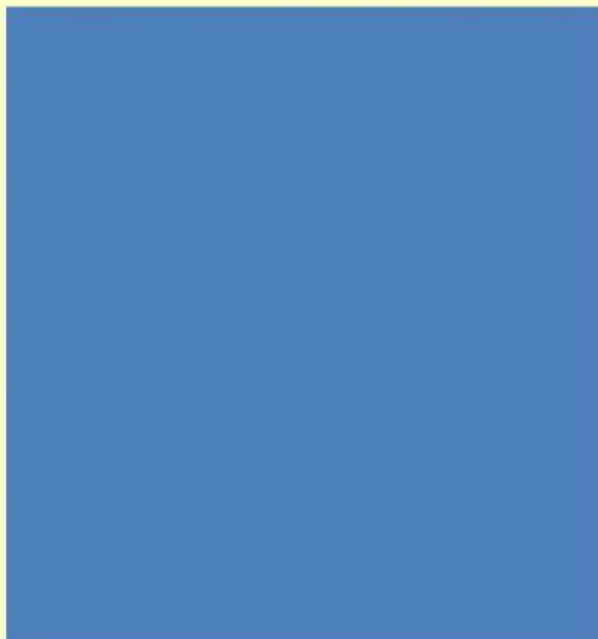
1. eat too many sweets?

2. has got a bad cold?

3. is overweight?

4. has a headache?

V. Dictation: What is a CEO? If you get 5 or more mistakes do the dictation again.



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Моят имейл е:

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Натиснете Finish

Изберете: Email my answers to my teacher

Попълнете в съответните полета: име, фамилия(на кирилица),
клас, номер;

Language: Bulgarian

School subject: English;

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