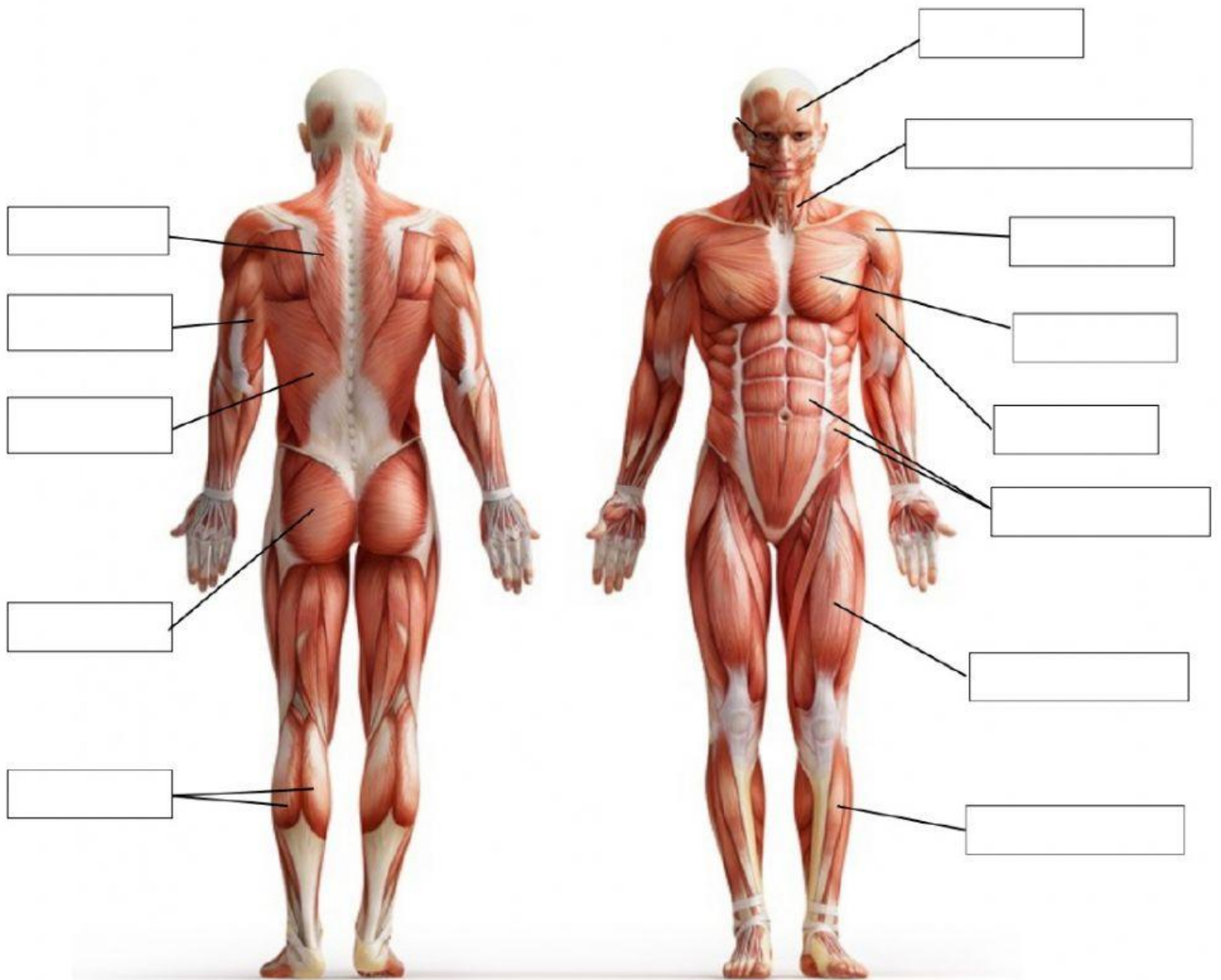


# La musculatura



Abdominals

Trapezi

Pectoral

Dorsal

Tríceps

Glutis

Tibial

Bessons

Frontal

Bíceps

Quadríceps

Deltoide

Cervicals