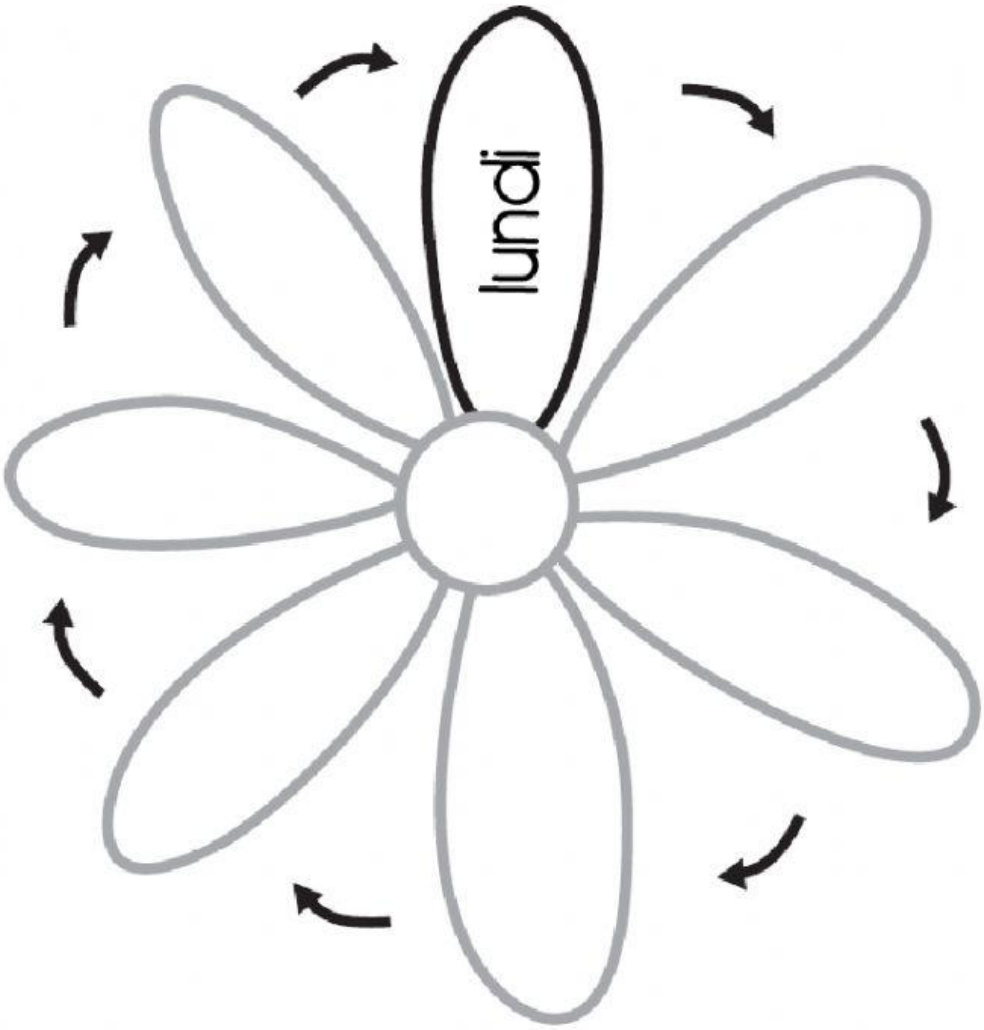Les jours de la semaine