

Fill in with the words missing.

When we take medication, we often hope that it will cure our ailments without any ____ (1) ____ (2). Unfortunately, this is not always the case. Many drugs have side effects that can cause further health problems. For example, some antibiotics can irritate the stomach and cause it to become ____ (3).

Another concern when taking medication is the risk of ____ (4). If a drug is not properly manufactured or stored, it can become contaminated with harmful bacteria or other substances. This can be especially dangerous for people with weakened ____ (5) ____ (6) or ____ (7) health conditions.

If you suspect that you may have been exposed to contaminated medication, it's important to seek medical attention right away. Early detection and treatment can help prevent serious health problems from developing.

In some cases, medication may need to be ____ (8) in order to work properly. This means that it needs time to take effect before you start feeling better. It's important to follow your doctor's ____ (9) instructions carefully and give the medication time to work.

Of course, the best way to stay healthy is to avoid getting sick in the first place. Eating a balanced diet, getting regular exercise, and staying hydrated can all help keep your body fit as a ____ (10).

However, even if you take good care of yourself, sometimes your health can still hang by a thread. That's why it's important to be proactive about your health and seek medical attention if you notice any symptoms or changes in your body. With proper care and treatment, you can stay healthy and live a happy, fulfilling life.

TRUE or FALSE?

1. Medication always cures ailments without any side effects.
2. Some antibiotics can cause stomach irritation.
3. Contaminated medication is not dangerous for people with weakened immune systems.
4. Early detection and treatment of contaminated medication can prevent serious health problems.
5. Medication always works immediately after taking it.
6. Eating a balanced diet and getting regular exercise can help keep your body healthy.
7. It's not important to seek medical attention if you notice any symptoms or changes in your body.
8. Proper care and treatment can help you stay healthy.
9. Medication can never become contaminated with harmful bacteria or other substances.
10. Hydration has no effect on your body's health.