

REVISION UNIT 5

Complete the words.

1. Josh goes to the gym to make his **muscles** stronger.
2. You use your **b** to think.
3. Your **h** beats faster when you exercise.
4. The red liquid in your body is called **b**.
5. Cheese and milk make your **b** strong.

Complete the email with the correct form of have to and the verbs in brackets..

Hi Vanessa,

I can't come to the beach with you. Mum and Dad are having a party and we (1) **have to get** (get) the house ready. There's a lot to do! Dad (2) **tidy** the garden, Mum (3) **prepare** the food and I (4) **help** them. My little brothers (5) **not do** any chores.

What about you? Are you doing anything nice this morning or (6) **you / do** chores?

See you soon.

Cassandra

Look at the problems and give advice. Use the verbs in the box and should/shouldn't.

- leave home without breakfast
- ask your teacher for help
- go to the vet
- practise every day
- use your mobile in bed

1. I don't understand my homework.

You should ask your teacher for help.

2. I can't sleep at night.

.

3. My brother really wants to win a match.

.

4. My gran's dog is ill.

.

5. My friend gets very hungry before lunch.

.

Choose the correct answers.

- 1 A: You don't look ¹ill / well.
B: I've got a headache.
A: Why ²aren't / don't you lie down and take
a ³painkiller / plaster?
- 2 A: What's the ⁴matter / wrong?
B: I've got mosquito ⁵break / bites all over my body!
A: You should put some ⁶mint tea / cream on them.
B: Good idea.

Read the text

Tea

Tea is a very popular drink in many countries. People drink it at home, in tea shops and at school or at work. They enjoy it hot, cold or with ice and some people like it sweet or spicy!

A legend says how the Emperor Shennong in ancient China first discovered tea. One day, he was sitting under a tea tree. He boiled some water in a pot to drink. Dry leaves from the tea tree fell into his hot water! He tried the water and it was very tasty.

Tea is easy to make. Put a tea bag in a cup, glass or mug. Add some boiling water. You don't have to wait long. After a few minutes your hot drink is ready! Scientists believe green tea is good for your blood and that black tea helps your brain. Have you got a cold? Then you should try lemon tea. But be careful – you shouldn't put too much sugar in it because too much sugar is bad for you!

Complete the sentences below.

1. People drink tea in many ways – hot, cold, with ice as well as or .
2. Dry fell into the Emperor's pot and that's how he discovered tea.
3. You need a tea bag and some to make tea.
4. Green tea helps your and black tea is good for your .
5. It's better not to put too much in your lemon tea.

Listen to a person giving advice about cycling and answer questions 1-5 below

1. What do you always have to wear when you ride a bike?
2. What else should you wear, apart from bike clothes?
3. What two things should you do before you start cycling? (a)
and (b)
4. What are the best places for cycling?
5. What do you have to take with you on a ride?