



# Let's talk about HEALTH



## Conversation cards

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| Have you ever been ill?<br>What was wrong with you?   | When was the last time you went to the doctor/dentist/hospital?<br>Why did you go?               | How often do you have a medical checkup?   |
| Is a doctor's visit or a stay in hospital expensive?<br>Discuss.  | Does your country have good medical healthcare?<br>Explain.                                      | How is your health?<br>What health problems do you worry about the most?                                     |
| What do you do to keep fit and healthy?<br>Compare with others.   | Have you ever stopped doing something for your health?<br>Talk about it.                         | What diseases kill the most people worldwide?<br>Do research and discuss.                                    |
| How many serious or <i>terminal</i> illnesses do you know? (e.g. cancer)<br>Work in a group and make a list.<br>(terminal: cannot be cured) | Have you had any vaccines?<br>If so, against which diseases?<br>Are you afraid of needles?       | What sports can be damaging to your health? In what way?<br>In your opinion, what are the healthiest sports? |
| What are the main causes of death?<br>Are they the same for younger and older people? Brainstorm.   | What are the worst jobs for your health?<br>What about the best ones?<br>Brainstorm in group.    | Is being a doctor or nurse a good job?<br>Would you like to do this job?<br>Why or why not?                  |
| What is the average life expectancy in your country?<br>Is it the same for men and women?   | How is your mental health?<br>Do you know anyone with a mental disorder?<br>(e.g. schizophrenia) | How can the environment be damaging to someone's health?<br>Explain.   |

**Match words and pictures**

ambulance	
bandage	
cast	
crutches	
doctor	
health food	
nurse	
operating theatre	
plaster (band aid)	
surgeon	
syringe	
wheelchair	

