Instructions:

Read the letters from the patients. Select only ONE and write that person a letter in response. Give advice using 'should', 'ought to', and 'If I were you,...'

Dear Doctor,

I want to get healthy! I usually eat fast food and usually go to bed late. I feel a bit depressed. I think I need to do more. Please give me some advice.

Emily Watson

Dear Doctor,

I'm feeling a lot of stress these days. I'm a lawyer, so I'm very busy. When I get home, I have to look after my family, and we've got a new baby. My husband's too busy to help. I'm completely exhausted. What can I do to relieve my stress?

John Jacobson

Dear Doctor,

My hair is in really bad condition. I've had lots of perms, and I think it's damaged. It feels very dry and brittle. I want my silky, glossy hair back! What should I do?

Annie Eddison

Dear _____,

LIVEWORKSHEETS