

1. Look at the pictures and choose the ones which can help you describe your typical morning.



2. Read the words and divide them into 3 columns:

stressful

amused

enjoyable

tiring

energetic

awful

busy

joyful

eventful

enthusiastic

calm

pleased

gloomy

pleasant

anxious

refreshing

delighted

dull

annoyed

sad

My morning is



BOTH



I am/ I feel



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3. Complete the sentences with **TO** or **ING**

1. What do you **manage** you get up early?

in the morning if



2. What do you **fail** up late?

in the morning if you get

3. Can you mention things you **avoid** beginning of your day?

at the



4. What do your parents **encourage** you the morning?

in

5. What would you **offer** your friend could spend next morning together?

if you



6. What do your parents usually **suggest** on Sunday mornings?

7. Where would you **decide** have to study tomorrow?

if you didn't



8. What would you like to **take up** and **give up** in the morning, e.g. jogging, yoga, chatting, making your bed, drinking coffee, eating sweets..?

9. Can you **afford** an episode or two of your favorite series when you wake up?



somewhere



10. Do you sometimes **consider** else? What is the best place for you?



4. Look at the picture. Emily wants to be healthier and more energetic in the morning. Give her some advice.



5. Listen and complete the task.
Describe your typical and perfect morning



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LIVEWORKSHEETS