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## I'd love to try that!

- Expressing wants and intentions
- Giving reasons

## 1 | Vocabulary

**A** Look at these fitness activities and the calories they burn in one hour. Which activities burn the most calories?

activity	calories burned	activity	calories burned
ballroom dancing	325–500	running	985–1,075
bowling	175–280	skiing	510–765
ice skating	450–760	swimming	510–765
walking	305–470	tae kwon do	730–1,090
racquetball	510–765	tai chi	215–330

**B PAIR WORK** Tell your partner which fitness activities you like to do. Give reasons for your response.

**Example:**

A: I like to play racquetball. It helps me relieve stress.

B: I like to ski. I like outdoor activities and I love the snow.

## 2 | Conversation

**CD1 28 A** Listen. Why is Peter interested in ballroom dancing? Why is Rachel interested in tai chi?

Rachel: I really need to get more exercise.

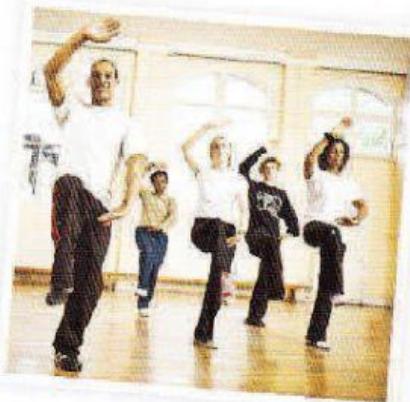
Peter: Me too. We could take classes at the sports center.

There's racquetball, boxing, swimming—

Rachel: Oh, I wouldn't really like those. They seem like a lot of hard work.

Peter: Well, how about a class in ballroom dancing? I'd love to try that!

Rachel: Really? Why is that?



Peter: Because I'd learn something new. And I can do it with someone else.

Rachel: I think it would be boring. I'd like to try something more relaxing, like tai chi.

**B PAIR WORK** Practice the conversation. Then exchange the blue and green words above with the words below and practice it again.

Rachel: I want to be more fit. Peter: I've always wanted to try it.

Rachel: Are you serious? Peter: I imagine it's a fun workout.

## 3 | Language Booster

A Notice the different ways we express wants and intentions, and give reasons.

Expressing wants and intentions	Giving reasons
I really want to	
I'd like to	take a dancing class.
I've always wanted to	I need to get some exercise.
I don't want to	I'd learn something new.
I wouldn't like to	It seems like a lot of hard work.
I'd never	I think it would be boring.

 B PAIR WORK Take turns expressing wants and intentions, and giving reasons. Use the activities from the Vocabulary section.

## 4 | Listening

CD1 29 A Listen. People are describing fitness activities. Number them from 1 to 4 in the order you hear them.



CD1 29 B Listen again. Why do they want to try the activities? Write one reason.

1. \_\_\_\_\_  
2. \_\_\_\_\_  
3. \_\_\_\_\_  
4. \_\_\_\_\_

ONLINE PRACTICE 

## SPEAK with CONFIDENCE

 GROUP WORK Read about the fitness activities below. Tell three classmates what you would and wouldn't like to try. Give reasons for your response.

### Interesting Fitness Activities



**Zumba** is a Latin-inspired dance. It is a popular and fun exercise. You can do aerobics and dance at the same time.



**Forza** means strength in Italian. You use a wooden sword to practice Japanese sword-fighting techniques.



**Bosu** is also known as *blue half-ball*. You can stand on it, lie on it, place your knees on it, or push your arms off it.