

4th level Natural Science

UNIT 2: Nutrition



1. Match the systems to the correct description

digestive	consists of respiratory tract and lungs
circulatory	allows us to obtain nutrients from food
respiratory	consists of the heart and blood vessels
excretory	consists of the urinary system, skin and lungs

2. What do we need to do to keep your heart healthy? Select all that apply

a healthy diet	smoke	sleep well	Exercise
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3. What are symptoms we can experience when we are ill?

fever	body aches	cough	tan skin
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GOOD JOB!!!

