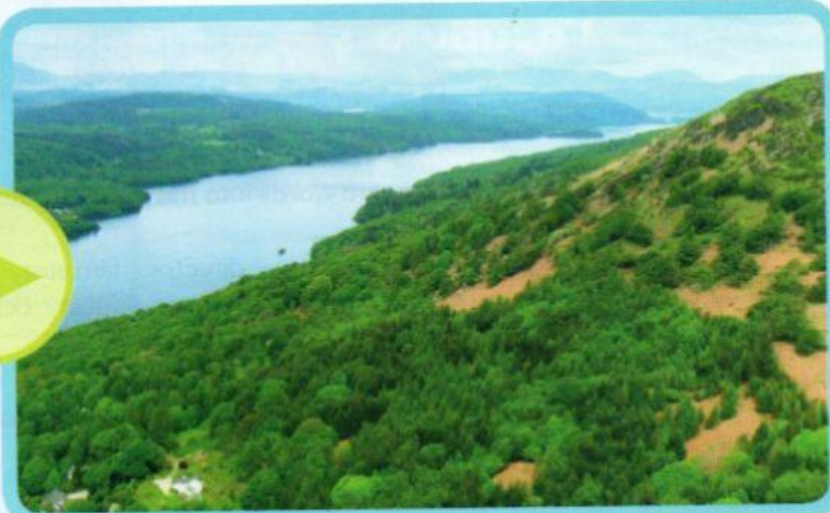


Sports in the Lake District

BBC



- A**  **18** Watch the video and answer the presenter's question. Can you name four sports you can do in the Lake District?
- B**  **18** Watch the video again. Complete the sentences.
- 1 The Lake District is in the _____ of England.
 - 2 There are lots of hills and quiet roads for _____.
 - 3 The mountain, Scafell Pike, is _____ metres high.
 - 4 You should never go _____ on your own.
 - 5 People wear wetsuits to keep _____.
 - 6 The most extreme sport you can do is _____.
- C** Have you ever been on an extreme sports holiday? Which extreme sports would you like to try? Discuss your ideas as a class.