

My favourite day

- a Read Cristina's article. Find her answers to questions 1–4.
- 1 What's your favourite day of the week? Why?
 - 2 What do you usually do in the morning?
 - 3 Where do you have lunch? Who with? What do you usually do after lunch?
 - 4 What do you usually do in the evening?



after and then

Use **after** + another word, e.g. **after lunch**, **after work**, **after that**, etc.

Use **then** to say what happens next, e.g. *I get up and **then** I have breakfast.*

- b Look at the **highlighted** words to check you understand them, and read the information box. Then use them to complete the sentences below.
- 1 Jack usually gets up at 7.30. _____ he has a shower.
 - 2 _____ lunch I often sleep for half an hour.
 - 3 She always has a bath _____ she goes to bed.
 - 4 _____ the week I work _____ 9.00 _____ 5.00.
 - 5 I get home at about 7.30, take the dog for a walk, and after _____ I have dinner.
 - 6 We usually watch TV _____ it's time to go to bed.
- c Plan an article called *My favourite day*. Plan four paragraphs. Make notes to answer questions 1–4 in a. What other information could you include to make the article interesting?
- d Now write your article. Choose the ideas you want to use. Don't forget to use some of the **highlighted** words to link together your ideas.
- e Check your article. Make sure you use the **highlighted** words correctly.



My favourite day of the week is Saturday, because it's the first day of the weekend!

I get up very early **during** the week, so on Saturday it's nice to get up late, and I always stay in bed **until** about 10.30. **Then** I usually go shopping with a friend. In Spain a lot of shops are closed on Sundays, so Saturday is the only day for shopping. We don't always buy something, but we have fun just looking.

I often have lunch at my mother's house, with her and my brother. It's great, because my mum is a really good cook – she always makes things we like, and my brother and I have time to talk about our week. **After** lunch I sometimes study **from** about 4.00 **to** 6.00, especially if I have exams.

In the evening I usually go out with my friends. We often go to the cinema, and **after that** we have a pizza or *tapas*. I never go to bed **before** 1.00, or sometimes later.