

To [] an onion, [] off the stem on the root side. So [] the root side, but do not [] off the core. Okay, because you want to leave the core intact to hold the layer of the onion while dicing. [] the root. [] the head of the onion. And [] the peel. When you're done look at your onion and you will realize that the first layer of the onion is not very particularly nice, so make a cut, and remove it. Then you may find a thin skin underneath, so just [] it off. See, right there. The onion is peeled, so now your onion is ready to be cut the way you like it.

How to [] an onion. In French culinary art, we refer to this technique as emincer. Let's have a look. [] your onion. With a chef knife cut the onion in half through the core. With a paring knife make two diagonal cut. There we go. To remove the core. and discard it. Place the onion cut side down on your [] board, core side away from you. Make parallel cut to the striations of the onion. Now put it down. Make sure you keep your fingertips away from the blade. And as you see your onions will be separated and regular. So now you're onions are emincer. I'm crying a little bit. That's fine. It's part of the job. And they are ready to be used in your recipe.

[] onions are probably the most common ingredient in savory recipes and this is something we call the ciseler technique in French culinary art. To [] an onion when you peel you want to trim the root off, but you want to leave the core intact. Okay. So we're going to cut the onion in half through the core. And like the emincer technique, you want to leave the core attached and intact because the core is going to keep all the layers of the onion together, without falling apart. Place the onion cut side down and core side on the opposite side of the knife. Then [] your fingers. Make parallel cuts into the onion, without slicing through. Okay? So you want to cut maybe 80% of the onion. And you want to make all your cuts parallel here, stopping before the core. Make regular parallel cuts. So here I'm doing my cuts small, maybe 2 to 3 millimeters. Then bring your onion closer to you, because you want to be able to slice through. Hold the onion. Make a second horizontal cut. Then if there is room, a third one. Now what we have done, we have cut the onion within a grid. Okay. But we haven't cut through the core because the core is holding everything together. Then position your finger on the top and dice it. When you arrive at the end of the cut here, put it down. Make more parallel cuts. Maybe one more like this. Cut and then cut the sides. So you're going to be cutting around the core. All I have left is the core. If they have used pesticide to grow this onion, most of the traces will be found into the core. Of course it will be also in the onion, but also the core will carry strong flavor from the onion, so do not put it in your []. Do not put it in your soup, stock and so on. Okay. So cut it and discard it. So depending on much space you leave between your cuts, you will have smaller, larger cut. Same technique, different [].

[] is finer than []. To mince an onion you have first of all to do ciseler onion or to dice an onion. Then put the food into a neat pile and place your hand on the left here, on the top of the blade and do a [] motion, up and down. Then move the food back into a neat pile with your knife. There you go. And do it again. And keep [] until you are happy with the result and the size. Don't forget the side of the knife, you'll have bigger chunks there. And keep going. This is how you mince an onion, but it's the same technique if you want to mince parsley, garlic, shallot and so on. The term is mincing and it's finely [].

To make onion slices or rondelles you need to peel an onion and leave it intact on the outside. Then position your finger on the top of it to have a good grip on the onion. And position your finger with a claw position. Then place a [] knife over and cut through the onion to have thin []. And repeat the operation for the entire onion. So you may make thin or thicker slices. The key is to be regular and to have them round and intact. Then separate the []. And have fun with them.