

▶ 10 Watch the video and choose the correct answers.

- The waste food comes from
 - homes.
 - companies.
 - both homes and companies
- Adam Smith is from
 - Leeds.
 - London.
 - Manchester.
- He says that _____ are the reason why there is a lot of food waste.
 - unhealthy food
 - bad containers
 - use-by dates
- Customers at Adam's shop
 - pay what they want.
 - get food for free.
 - all pay the same amount.
- An average family in the UK spends about _____ on food they throw away.
 - £70
 - £700
 - £7,000

▶ 10 Watch the video again and complete the information about Adam Smith and his organisation.

Adam Smith

Job: ¹*chef*

Organisation he runs: The Real ²_____ Food Project

Sells food at his: ³_____ and a café.

Only throws food away which looks or ⁴_____ bad.

Gets about ⁵_____ customers a day at his café.

Would you like to eat at Adam's café? Say why?

Complete the text with the words from the box.

afford banks bin price throw use-by **waste**

Adam Smith gets ¹**waste food** from different places and sells it in his supermarket and café. Some of it comes from other shops or businesses and some comes from **food** ²_____. These are places where poor people can get free food from. Why do shops ³_____ food **away**? One reason is because it is past its ⁴_____ **date**. Adam says that we can eat food after this date. We just have to use our noses to test that it's alright. Adam's food doesn't have a price. People pay what they **can** ⁵_____. People who don't have a lot of money can **pay a low** ⁶_____, or even nothing. Adam's organisation teaches people that when they **put food in the** ⁷_____ they are throwing their own money away!

Match the words from the box with the definitions.

catering ingredients junk food recycling smell

- All the different food items in a meal. *ingredients*
- Using old materials, such as plastic, paper and glass again.
- Food that is easy to cook but isn't healthy for us, like fast food.
- Something you can sense with your nose.
- The business of providing food and drinks for events, such as parties and meetings.