

Sports are so boring!

1. Listen to the conversation between Rich and Jack about their interests in sports. Fill in the gaps in the dialogue with the words that you hear.

Rich: But ... you've never done it before. How are you going to ____ up with everyone else?

Jack: It's a running club. I'm not going to be running in races - it's not competitive. If anything, we're _____ against the clock. You might be trying to beat a certain time or run a little further but that's it.

Rich: It sounds a bit boring to me. No winners. I think I'd just give __ and stop when I was tired. It's like going to the gym on your own. You need to have some kind of _____ to push yourself - to keep on going.

Jack: I've signed up to the running club to keep __, not win prizes.

Rich: I know, I know. It's the taking part, not the winning, that counts. But, if you're going to ____ up a new sport and keep it up, you need to have some competition.

Jack: I don't think so. Imagine I took up _____. I've never played basketball in my life. I'd play a few games, lose all the time, ____ up and never play again.

Rich: That's the spirit! Come on! You need to give it a little bit of time - everyone starts somewhere - you've just got to join __ and you'll get better at it. You can't _____ out of something straight away.

Jack: I'm not chickening out of anything because I'd never join up in the first place. I'm happy with the _____ club. We meet up once a week, decide where we're going to run, we split up into _____ groups who run more or less at the same speed and ____ up again after the run.

Rich: Different groups? That could be competitive. You could try to _____ up with the group in front of you, or you could be the fastest in your group when the others are getting _____ and slowing down near the end, you could speed up?

Jack: It's not like that. Sorry. We don't try to _____ anyone. There are no winners.

Rich: How boring!