DAILY ROUTINES

Activity 1. Reading

Instructions: Read the following paragraph about Kenny´s daily routine. Pay attention to the details.

MY DAILY ROUTINE ON WEEK.

Hello, my name is Kenny I am 22 years old. Every day, I wake up at 5:30 am and I get up at 6 am. During the week, when I have enough time, I often go to the gym to stay healthy since I work all day. I take a shower at 6:20 am, and then, I get dressed. At 7:00 am I always have breakfast, after that, I brush my teeth before leaving for work. I sometimes come back home early, I usually cook dinner and then I take a shower. I rarely watch TV since I prefer listening to music, and I never go out at night because I like to sleep early.

Activity 2. Writing

Instructions: Get in pairs. Write in your notebook the correct answer of the blank space taking into account the adverbs of frequency applied in the previous paragraph.

- Kenny (always/ rarely)_____ gets up at 6:00 am.
- She _____ (never/ often) goes to the gym to stay healthy.
- Kenny_____(usually/always) has breakfast.
- At morning, Kenny _____(almost always/ always) takes a shower.
- Kenny _____ (always/ usually) brushes her teeth before leaving for work.
- She _____(never/ sometimes) comes back home early.
- After work, she_____(rarely/always) watches TV.
- Kenny_____(sometimes/never) goes out at night.

LIVEWORKSHEETS