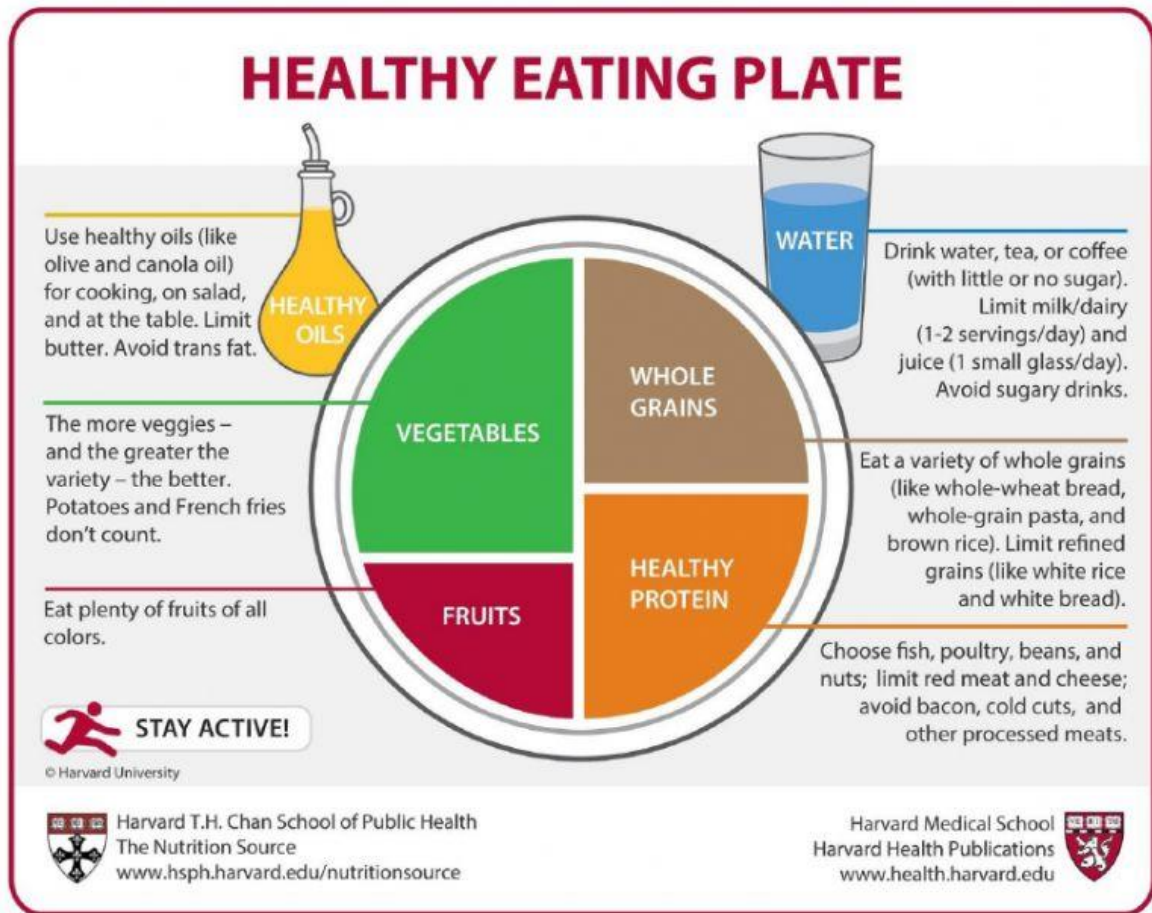




Drag the words to the correct place in the text.

juice French fries potatoes fruits vegetables

According to the Healthy Eating Plate, half of our plate should be filled with _____ and _____. The more veggies we eat the better. However, _____ and _____ don't count. It is advised to drink 1 small glass of _____ a day.