



Kids and their breakfast



I have a glass of juice for breakfast. My favourite is apple juice, but we mostly have orange juice, because all the others in my family like orange juice. I have muesli with nuts, milk and honey.



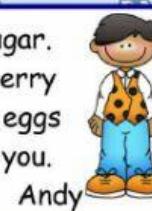
I always drink hot chocolate in the morning. Sometimes I have three cups of hot chocolate. I eat some toast and baked beans or sausages. I love that.



I eat cornflakes for breakfast. With milk and sugar. I love sugar on my cornflakes. Mum says a lot of sugar is not good for my teeth. When she isn't watching I sometimes put lots of sugar on my cornflakes.



I drink tea in the morning, with milk but no sugar. I eat toast with butter and jam. I love strawberry jam. When I have a lot of time, I eat ham and eggs too. I think a good breakfast is important for you.



I only have a cup of coffee in the morning. I cannot eat anything. My mum says that is not good for me. Only on Sundays I eat rolls with butter and honey and drink two cups of coffee. Then my mum is happy with me. I never drink tea or milk for breakfast.



Fill in the missing words.

breakfast - orange juice - cornflakes - coffee - weekend - cup
makes - eat - good - time - always - ham and eggs

Mum and dad have toast and for breakfast. I only have a of tea and some My mum tells me to more, but I don't have more At the we always have for Dad them. Mum thinks they are very

Tick off - TRUE or FALSE?

1. Lewis never drinks hot chocolate.
 True
 False



2. Bernie doesn't like apple juice.
 True
 False



3. Jane eats cornflakes.
 True
 False



4. Andy has muesli with tea.
 True
 False



5. Betty eats a lot in the morning
 True
 False



6. Lewis loves baked beans.
 True
 False



7. Jane eats toast with butter
 True
 False



8. Betty never drinks milk.
 True
 False



9. Andy drinks tea with sugar.
 True
 False



10. Betty has bread on Sunday.
 True
 False



Fill in the words.



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Write about your breakfast!

I always have and for breakfast. I drink On Sundays I eat have and I don't like for breakfast.

My favourite breakfast is and