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NAME_____ **SCORE**_____

Direction: Choose and write the letter of the correct answer on space provided.

_____1. Which of the statements correctly describe the general functions of Skeletal system?

I. It gives shape to the body
II. It serves as framework of the body
III. It protects the internal organs of the body
IV. It converts energy, which enables the body to move

A. I, II, III
B. I, III, IV
C. I, II, IV
D. II, III, IV

_____2. It was Geraldine's birthday party, she invited all of her classmates. During the game, Justin wants to get toys in the "pabitin." Which muscles helped Justin to reach the prize?

I. facial muscle II. arm muscle III. heart muscle IV. leg muscle

A. I and II
B. II and III
C. I and III
D. II and IV

_____3. Every morning, Cyril joins zumba and jogs around in the park. After her activities, she sweats a lot. Why do you think so? It is because of the _____

A. excessive movement of the body
B. regulation of the body temperature
C. contraction of muscles in the dermis
D. relaxation of the muscles in the dermis

_____4. Which could be the functions of the muscular system?

I. It allows us to move.
II. It gives shape in our body.
III. It provides the structural framework for the body.
IV. It supports and makes our skeleton in the hands and other body parts steady.

A. I, II, IV
B. II and III
C. I, II, and III
D. I, II, III and IV

LIVEWORKSHEETS

_____5. Rio is ready for the school. He eats his breakfast at 6:00 o'clock in the morning and prepare himself for lunch. It takes his stomach 3-7 hours to be emptied. What is the best time for him to take his lunch? He will take his lunch at _____

A. 12:00 o'clock noon
B. 11:30 o'clock in the morning
C. 12:30 o'clock in the afternoon
D. 1:00 o'clock in the afternoon

_____6. How does digestion occur?

A. esophagus -- mouth -- large intestine -- small intestine -- anus and rectum
B. mouth -- stomach -- esophagus -- small intestine -- large intestine -- anus and rectum
C. mouth -- esophagus -- stomach -- small intestine -- large intestine -- rectum and anus
D. esophagus – mouth -- small intestine -- esophagus -- anus and rectum -- large intestine

_____7. Why is it important to promote healthful habit for our organs? To _____.

A. avoid death
B. have a happy personality
C. keep our body away from diseases
D. make our organs function properly

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_____8. How does the body use the energy released in its cells?

A. To rest the body
B. For making oxygen
C. For muscles to move
D. To lower body temperature

_____9. When you inhale, how does the diaphragm behave as you breath in?

A. sinks
B. relaxes
C. expands
D. contracts

_____10. Which of the following happens to air during the process of breathing?

A. air gets warm
B. air gives off oxygen
C. air moves up and down
D. air moves from area of higher pressure to an area of lesser pressure

LIVEWORKSHEETS