



Physical and mental state

1 Complete the dialogue with the correct words. The first letters have been given.

Alice Hi, Maria, how are you feeling today? Your face isn't as (1) p_____ as it was yesterday.

Maria Yeah – I'm feeling much (2) b_____, thanks. I don't know what was (3) w_____ with me yesterday. My legs suddenly felt really (4) w_____ and I felt (5) d_____. I thought I was going to (6) f_____.

Alice A lot of people have been feeling (7) u_____ recently. Last week, I felt very (8) s_____ for a couple of days and I didn't want to eat anything. Perhaps we're all feeling too (9) s_____ out about the exams next week!

Maria True – I think Miss Parks is the only one in our classroom who's feeling all (10) r_____!

2 Complete the sentences with the correct words in the box.

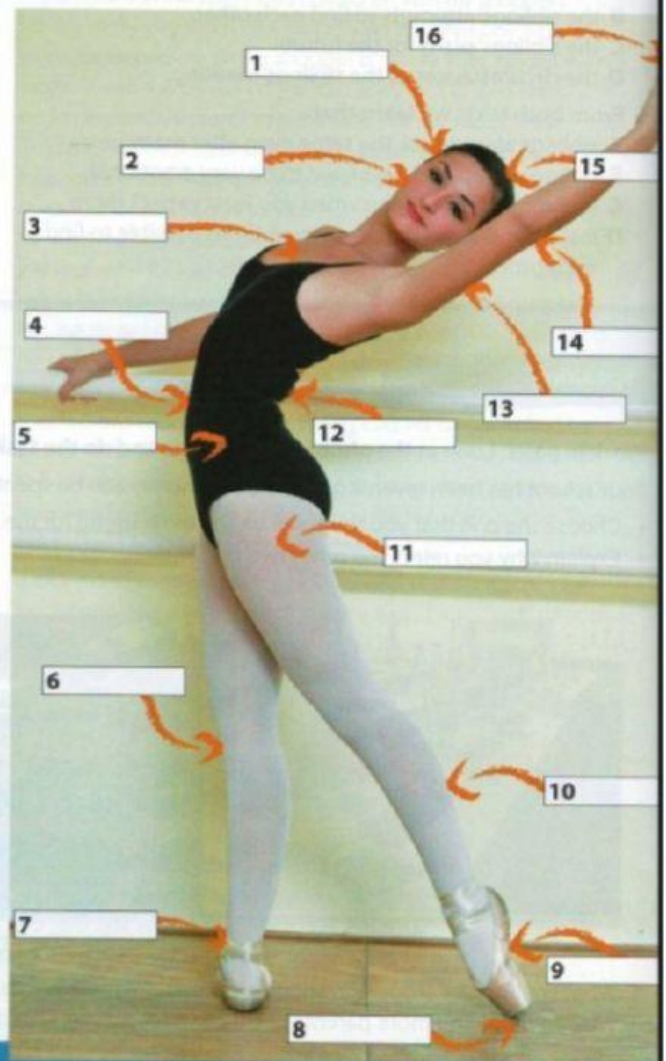
EXTENDED

weather puffed shattered lagged
forgetful colour aching

- I was working until midnight last night and I feel absolutely _____ this morning.
- I'm feeling a bit off-_____ today. I think maybe I ate something last night that disagreed with me.
- My gran is getting a bit _____ these days. It's a shame because she used to be so sharp.
- Don't ask me about the marathon. I'm _____ out and _____ all over!
- Sorry, I'm a bit unfocused today. I'm still jet-_____ after the flight from the USA.
- Would you mind taking Pete to see the nurse? He's feeling a bit under the _____.

Body parts

3 Label the picture with the correct words.



- 1
- 2
- 3
- 4
- 5
- 6
- 7
- 8
- 9
- 10
- 11
- 12
- 13
- 14
- 15
- 16

4 Read the definitions and complete the words with the missing silent letters.

- 1 we need these to be able to move and lift things: **mus_les**
- 2 we use this when we eat: **tong_e**
- 3 our food goes there: **stomac_**
- 4 this is the top part of our leg: **thi_h**
- 5 we use this for texting: **thum_**
- 6 we use this to bend our leg: **_nee**
- 7 this joins our hand to our arm: **_rist**

EXTENDED

5 Complete the sentences with the correct words in the box.

knuckles veins joints gums liver lungs

- 1 The dentist always checks my _____ as well as my teeth.
- 2 Dan was in a fight yesterday and he hurt his _____.
- 3 When we breathe in, air goes into our _____.
- 4 People's _____ get stiffer as they get older.
- 5 If you drink too much alcohol, you can damage your _____.
- 6 When you look at your wrist, you can see the _____ through the skin.

Illnesses, symptoms and treatment

6 Match sentences 1-7 with the pictures.

- 1 I've got a blister.
- 2 I've broken my arm.
- 3 I've got a bad cough.
- 4 I've got backache.
- 5 I've got a black eye.
- 6 I've cut my finger and there's blood everywhere.
- 7 I've got a swollen wrist.

A



B



E



F



G



C



D



7 Have you ever experienced any of the health problems mentioned in exercise 6? When was it? What did you do to get better?

8 Complete the names of illnesses with the correct words. Some letters have been given.

- 1 when you've eaten something badly cooked: food **_o_ _o_i_**
- 2 a severe headache: **_i_ _ai_e**
- 3 an illness that causes lots of small red spots: **_ea_ _e_**
- 4 influenza (flu) is caused by this: **_i_u_**
- 5 when you can't eat certain food, like nuts: **a_ _e_ _y**
- 6 starts as a small lump but can be deadly: **breast _a_ _e_**
- 7 when blood sugar levels need to be controlled: **_i_b_ _s**

COLLOCATIONS

9 Match the parts of sentences.

- | | |
|-------------------------------|---|
| 1 I've got a high | A nose. I need a tissue. |
| 2 I've got a runny | B attack and had to go to hospital. |
| 3 I've got a sore | C temperature, so I need to stay in bed. |
| 4 I twisted my | D cut because I didn't clean it properly. |
| 5 Dad had a heart | E ankle because I landed badly in the long jump. |
| 6 I've got an infected | F throat because I've been shouting all day at the football match. |

10 Match instructions 1-6 with items A-F they refer to.

- | | |
|---|------------------------|
| 1 Always shake the bottle before pouring. | A eye drops |
| 2 Make sure you finish the course. | B bandage |
| 3 Swallow two with water when necessary. | C cough mixture |
| 4 Rub in daily. | D antibiotics |
| 5 Do not tie too tightly. | E painkillers |
| 6 Hold the bottle above the eye and squeeze gently. | F cream |