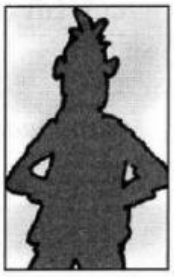
RMIT Classification: Trusted

The man who works and is not bored is never old.
Pablo Casals, Spanish cellist

3 C The island with a secret

a Complete the **You** column in the chart. Then complete the sentences with a verb and an adverb of frequency.

always ✓✓✓✓✓ usually ✓✓✓✓ often ✓✓✓ sometimes ✓✓ hardly ever ✓ never –	 Steffi	 Robert	 You
eat fruit and vegetables	✓✓	✓✓✓✓✓	
play sports or exercise	–	✓✓✓	
be relaxed	✓✓✓✓	✓✓✓✓	
drink alcohol	✓✓✓	✓	
be sick	✓✓✓	✓	

1 Steffi *sometimes eats* fruit and vegetables.

2 She _____ sports or exercises.

3 She _____ relaxed.

4 She _____ alcohol.

5 She _____ sick.

LIVEWORKSHEETS

RMIT Classification: Trusted

6 Robert _____ fruit and vegetables.

7 He _____ sports or exercises.

8 He _____ relaxed.

9 He _____ alcohol.

10 He _____ sick.

11 I _____ fruit and vegetables.

12 I _____ sports or exercises.

13 I _____ relaxed.

14 I _____ alcohol.

15 I _____ sick.

b Write the adverb of frequency in the correct place in the sentence.

1 Tom rides his motorcycle to work. (sometimes)

Tom sometimes rides his motorcycle to work.

2 My boyfriend is late. (never)

_____.

3 The children walk to school. (usually)

_____.

4 I'm hungry. (always)

_____.

LIVEWORKSHEETS

RMIT Classification: Trusted

5 Teachers are stressed. (often)

_____.

6 I see my uncle and aunt. (hardly ever)

_____.

7 Professional soccer players are rich. (usually)

_____.

8 Pilots sleep in hotels. (often)

_____.

2 VOCABULARY "Okinawa" reading

Complete the sentences.

stay at home	popular	meat	unusual	beach
sunset	~~rice~~	busy	take my time	

1 Chinese people eat a lot of ___*rice*___.

2 The secretary is very _____ – she has a lot of work.

3 That restaurant is _____ because the food is good.

4 The opposite of *usual* is _____.

5 I like to _____! I don't like to be in a hurry.

6 In the summer, I go to the _____ every day.

7 I love the _____ when the sky is orange and red.

8 Vegetarians don't eat _____.

9 I don't want to go out tonight. I want to _____.

LIVEWORKSHEETS

RMIT Classification: Trusted

3 VOCABULARY time words and expressions

a Answer the questions.

THE TIME QUIZ

1	How many minutes are in an hour?	*sixty*
2	How many months are in a year?	
3	How many days are in a week?	
4	How many seconds are in a minute?	
5	How many weeks are in a month?	
6	How many hours are in a day?	
7	How many days are in June?	
8	How many weeks are in a year?	

b Complete the sentences with one word.

1 Nurses sometimes work all week and on weekends.
Nurses sometimes work ___*every*___ day.

2 Jon usually goes on vacation in March, May, and July.
Jon usually goes on vacation _____ times a year.

3 I have English classes on Tuesdays and Thursdays.
I have English classes twice a _____.

LIVEWORKSHEETS

RMIT Classification: Trusted

4 Katia goes shopping on Friday.

Katia goes shopping _____ a week.

5 Liz takes her dog for a walk at 7:00 a.m. and at 6:00 p.m.

Liz takes her dog for a walk _____ a day.

6 I buy a new pair of sunglasses in the summer.

I buy a new pair of sunglasses once a _____.

More Words to Learn

Write translations and try to remember the words.

Word	Pronunciation	Translation
island *noun*	/ˈaɪlənd/	
mile *noun*	/maɪl/	
vegetables *noun*	/ˈvɛdʒtəblz/	
fruit *noun*	/frut/	
(un)usual *adjective*	/ˈyuʒuəl/	
traditional *adjective*	/trəˈdɪʃnl/	
(un)healthy *adjective*	/ˈhɛlθi/	
sick *adjective*	/sɪk/	
until *conjunction*	/ənˈtɪl/	
a long time	/ə lɔŋ taɪm/	

LIVEWORKSHEETS