

Lewis Pugh Adventurer/Environmentalist
MY MIND-SHIFTING EVEREST SWIM

A Watch the TED Talk again. Circle the correct answer for each question.

- | | | |
|--|------------|---------------|
| 1. What are the Himalayas? | big lakes | big mountains |
| 2. How long did Lewis swim at the North Pole? | 19 minutes | 30 minutes |
| 3. What is melting in the Himalayas? | glaciers | lakes |
| 4. How many people depend on water from the Himalayas? | 2 billion | 1 million |
| 5. What is the world's population? | 9 billion | 6.8 billion |

B Fill in the names of the places from the words in the box.

Lake Imja	North Pole	Bangladesh
Mt. Everest	Himalayas	

1. In 2007, Lewis Pugh swam at the _____.
2. The glaciers in the _____ are melting.
3. The highest mountain on Earth is _____.
4. _____ is very high, near the top of Mt. Everest.
5. China, India, Pakistan, and _____ are countries near the Himalayas.

C Use the emphatic adjectives to complete the sentences.

exhausting	fascinating	enormous
excellent	awful	

1. Mt. Everest isn't small. It's a(n) _____ mountain.
2. His story wasn't boring. It was _____.
3. Lewis Pugh survived his North Pole swim. He must be a(n) _____ swimmer.
4. Swimming for a very long time, especially in cold conditions, isn't easy. It is _____.
5. When Lewis Pugh first tried the swim, he had to stop. He felt _____.