

Listen to Toby and Kate talking about sports and complete the table.

	Sport	Place	Equipment
Toby		the ocean	a board
Kate			

Listen to them again and fill in the blanks.

I: Toby, where did you learn?

T: At the _____ this _____. It's the most _____ thing I've ever done.

I: Is it hard?

T: Yes, you have to be _____ and _____ and also the kind of person who likes showing off!

I: What equipment do you need?

T: A _____, a _____, a _____, and a _____.

I: Is it similar to windsurfing?

T: I think it's a little more _____ than windsurfing. But it's similar, because you do it in the _____ and you need the right amount of _____.

I: What's so good about it?

T: Everything! But hang time is by far the best thing about it. That's when you jump, and try to stay suspended in the air for as long as possible. It's _____.

I: Kate, where do you do it?

K: Wherever there are good _____. One of the best places I've ever been is Yosemite, in California. But I _____ go to Minnesota. The cliffs are not as high as in Yosemite, but they're much closer to where I live.

I: Do many women do it?

K: No, there aren't as many women as there are men, but there are female-only courses to get women into the sport.

I: Is it very dangerous?

K: Yes, it is, so you have to _____ the right equipment: _____ clothes, climbing _____, and _____.

I: Is it an expensive sport?

K: Not really. In fact, it's slightly less _____ than many other sports, because the mountains are _____.

I: Why do you do it?

K: When you _____ to the top, it's the best _____ in the world.