Our brains and technology

According to some psychologists, our **(0)** ..... to remember things is being negatively affected by our constant use of electronic devices. Researchers claim that these devices have almost become an **(17)** ..... of our brains and that relying too **(18)** ..... on them could possibly be **(19)** ..... to us, because it can prevent the **(20)** ..... of long-term memories. They say that the process of recalling information can strengthen these memories, while at the same time allowing our brains to forget other information that we no longer need. And getting rid of this **(21)** ..... information then makes room in our brains for the storage of new facts and memories.

ABLE

EXTEND

HEAVY

HARM

DEVELOP

RELEVANT

Although there's a **(22)** ..... not to learn new facts, because we can always find any information we need online, there's **(23)** ..... that information obtained so easily is very quickly forgotten. On the other hand, human brains are very good at adapting, and after all, it would be **(24)** ..... to expect people to ignore all the technology available nowadays.

TEMPT

EVIDENT

REASON

LIVEWORKSHEETS