

Name:

Read the text. For questions 1-7, choose the correct answer which you think fits best according to the text. (10 points)

Are you a heartbroken teenager?

If you've been let down by a boyfriend or girlfriend, you're probably hurting. It's not stupid or childish to feel like this.

Your boyfriend or girlfriend has told you they don't want to go out with you anymore. You feel rejected, alone, unwanted and miserable. You had thought that this relationship would last forever and now it's over. Let's be honest - it's a horrible feeling. Maybe the worst feeling you've ever felt. Perhaps, you feel that life is not worth living and you'll never get over it. You probably feel that no one has ever felt this way before

It may sound impossible now, but you will get over it. It just takes time. And you're not alone almost everyone goes through this at some point in their life. It's an important part of growing up and actually makes us stronger. What you mustn't do is think that you have failed. Remember: relationships aren't like exams

If a friend came between you and your boyfriend or girlfriend and helped cause the relationship to end, you'll be dealing with **feelings of betrayal** as well. If your parents or friends disapproved of your relationship, you might also feel humiliated and embarrassed about discussing how you feel. These feelings are normal, but it does help to talk. Try talking to your parents and friends - they may be more sympathetic than you think. Ask your parents about their first relationships. The chances are they went through similar experiences

Don't do anything impulsive. It might seem a good idea to go out and get a tattoo or your nose pierced, but you'll probably regret it in a few days. **That** doesn't mean you shouldn't treat yourself how about buying some new clothes or getting a new hairstyle. Is there a film you've been wanting to see at the cinema for ages? Not sure whether to go to that party you'd been invited to? Go! And if you're worried that your ex-boyfriend or girlfriend might be there - let them, see you can have a good time without them. That will make you feel better!

Sometimes couples who split up get back together and sometimes they don't. Don't sit around and wait you're your ex to call to say they've made a mistake and think you should start going out with each other again. The chances are that won't happen, but it's actually more likely to come about if you just get on with your life rather than sit at home waiting for the phone to ring. It may sound corny, but there are plenty more fish in the sea. You will - in time - find someone new. But don't be tempted to rush into another relationship. This is called going out with someone **"on the rebound"**. This kind of relationship in week, it will be bearable. In a month, you'll be able to laugh about it. In a year, it will all seem ancient history, as you're not together for the right reasons. Give it a little time before you start your next relationship

Here is one other thing to remember. You've just experienced one of the most traumatic things that people experience. From now on, things can only get better. Each day, you'll

feel slightly less unhappy. You've got a lot of life ahead of you – look to the future and go out and enjoy yourself!

1. According to the writer, heartbroken teenagers often feel that they

- A. have wasted their time being in the relationship.
- B. do not understand why the relationship came in an end
- C. are the only person who has experienced this situation
- D. should have been more honest about their feelings

2. What does the writer say about a relationship ending?

- A. It helps us develop emotionally.
- B. It helps us understand that we can all fail.
- C. It forces us to stop being childish.
- D. It reminds us that relationships are not like tests.

3. A heartbroken teenager might have "feelings of betrayal" when

4. What does the word 'That' refer to?

5. How should heartbroken teenagers react if they see their former partner at a party?

- A. which starts too soon after a previous relationship.

6. A relationship "on the rebound" is one

- B. Time will heal the pain.

7. What point is the writer making in the final paragraph?

- C. They should make it clear that they can survive on their own.