

## PRACTICE

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### Activity 1: Reading and speaking

**Instruction:** make group of three; carefully read each sentence and discuss the correct adverb of frequency to each sentence.

1. I seldom visit my family, so I \_\_\_\_\_ see my brother Juan.  
a) Usually  
b) Almost never  
c) Almost always
2. I am never late for our English class. I am \_\_\_\_\_ on time.  
a) Often  
b) Usually  
c) Always
3. Carlos goes to the beach only once a year. He \_\_\_\_\_ goes to the beach.  
a) Almost never  
b) Never  
c) Sometimes
4. My sister doesn't like to read. She \_\_\_\_\_ reads books.  
a) Sometimes  
b) Rarely  
c) Never
5. I \_\_\_\_\_ eat junk food for lunch because I know it is not very healthy.  
a) Always  
b) Sometimes  
c) Seldom
6. \_\_\_\_\_ we go to the gym, maybe two or three days a week.  
a) Rarely  
b) Sometimes  
c) Always
7. She \_\_\_\_\_ finish work early because she is often not busy.  
a) Usually  
b) Always  
c) Never
8. I \_\_\_\_\_ study very hard, so I usually get bad grades in school.  
a) Rarely  
b) Never  
c) Always
9. He sometimes sees a doctor because he is \_\_\_\_\_ sick.  
a) Seldom  
b) Almost always  
c) Always
10. It \_\_\_\_\_ snows where I live, so I never make a snowman.  
a) Sometimes  
b) Never  
c) Always