

TASK 1. Listen to the recording. Fill in ONE missing word for EACH blank.

diet eat in eat out habit prepare ready-made meal
takeaway unhealthy

1. the food and drink usually eaten or drunk by a person or group: _____
2. to have a meal at home rather than in a restaurant: _____
3. food that has already been prepared and can be eaten after it has been heated in an oven or microwave: _____
4. a meal cooked and bought at a shop or restaurant but eaten somewhere else, often at home: _____
5. a type of food or drink that isn't good for you: _____
6. to have a meal in a restaurant rather than at home: _____
7. to get something ready, for example to cut vegetables, before you cook: _____
8. something that you do often and regularly: _____

TASK 2. Read the information. Then choose the one word in each list that does not have the same meaning as the others.

Example

takeaway

fast-food

ready-made meal

unhealthy

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|---|-----------------------|-------------|-----------------------|---------------------|-----------------------|-------------|-----------------------|-------------|
| 1 | ☐ | fall | ☐ | go down | ☐ | decrease | ☐ | rise |
| 2 | ☐ | increase | ☐ | drop | ☐ | grow | ☐ | go up |
| 3 | ☐ | sugar | ☐ | water v | ☐ | fizzy drink | ☐ | fruit juice |
| 4 | ☐ | nowadays | ☐ | at the present time | ☐ | these days | ☐ | previously |
| 5 | ☐ | development | ☐ | introduction | ☐ | change | ☐ | trend |

TASK 3. Watch and Match.

Sometimes people in Warsaw spoke to me in Polish,	●		●	or Arabic, which meant that we had to speak English.
My father gave me a camera for my birthday,	●		●	because the people were so friendly.
I loved the food in Germany,	●		●	so I saw the pyramids.
I didn't feel lonely in India	●		●	because they could not speak English.
We didn't speak Chinese	●		●	but I hated the weather.
When I was I New York I lost my wallet	●		●	and another thing was the wildlife.
I visited Egypt	●		●	so I had to cancel my credit card.
One thing I liked about Alaska was the scenery,	●		●	so I took a lot of photos on the holiday.