

## Review

**A** Answer the questions using words from the box. One is not needed.

arteries      brain      heart      kidneys      lungs      muscle      skin      stomach      veins

1. I cover the body and protect it from getting sick. What am I? \_\_\_\_\_
2. We take blood around the body. What are we? \_\_\_\_\_ and \_\_\_\_\_
3. When you eat food, it comes to me so I can digest it. What am I? \_\_\_\_\_
4. We bring air into the body. What are we? \_\_\_\_\_
5. I think, and I tell your body what to do. What am I? \_\_\_\_\_
6. I push blood around the body. What am I? \_\_\_\_\_
7. We help clean the blood. What are we? \_\_\_\_\_

**B** Complete the sentences with a comparative, superlative, or equative form so that the second sentence has the same meaning as the first.

1. Nothing is better than yoga to relax the body and mind.  
Yoga is \_\_\_\_\_ thing for relaxing the body and mind.
2. White rice is not as healthy as brown rice.  
Brown rice is \_\_\_\_\_ white rice.
3. Nothing is worse for your health than a bad diet.  
A bad diet is \_\_\_\_\_ thing for your health.
4. My sister finds running less enjoyable than dancing.  
My sister thinks dancing is \_\_\_\_\_ running.
5. A good night's sleep is more beneficial than a short nap.  
A short nap is not \_\_\_\_\_ a good night's sleep.
6. No activity is as relaxing as walking in the park on a sunny day.  
Walking in the park on a sunny day is \_\_\_\_\_ activity.

**C** Match the sentence halves.

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|-------------------------------------------------------|---------------------------------------------------------------|
| _____ 1. Drink ginger tea                             | <b>a.</b> to protect your skin.                               |
| _____ 2. You need to exercise enough                  | <b>b.</b> to stop nausea. It's a good natural remedy.         |
| _____ 3. Take a short nap after lunch                 | <b>c.</b> to keep your muscles and joints strong and healthy. |
| _____ 4. A healthy, balanced diet is an important way | <b>d.</b> to lower a fever.                                   |
| _____ 5. Some people recommend taking an aspirin      | <b>e.</b> to help you concentrate better in the afternoon.    |
| _____ 6. You should use sunblock                      | <b>f.</b> to help your organs function well.                  |