

THE QUARTER LIFE CRISIS

VOCABULARY : complete the sentences with one of the words we learned in class. The first letter of each word is given.

- I feel so o_____. I have too much going on at the moment.
- The quarter life crisis starts when you realize something is a_____.
- After thinking about his life and plans, he f_____ out things were not as he expected.
- Are you in your l_____ or in your m_____ twenties?
- Do they feel they are g_____ t_____ a period of crisis at the moment?
- The job change caused u_____ in his life.
- I feel u_____ about what to do next. I have lots of doubts.
- Most people e_____ a life that is not realistic.

GRAMMAR : Complete the sentences with the simple past form of the verbs in brackets.

- I _____ (be) overwhelmed because of the high workload last week.
- I understand what you _____ (go) through last year.
- The constant changes _____ (make) him feel uncertain about everything.
- They _____ (be) in their early twenties when they _____ (have) their first child.
- Everything _____ (seem) to be O.K. However, she _____ (not / can) help feeling that there _____ (be) something amiss.
- It was at that moment when we _____ (figure) out what we _____ (have) to do to overcome these difficulties.
- _____ you _____ (envision) a different life from the one you have now?
- You _____ (not / experience) a period of upheaval in your late twenties.

career

RESPONSIBILITIES

FINANCES

LISTENING 1 : Listen to the song and fill in the gaps. Use words only.

I'm terrified of rejection
But I get high off attention
I drink my coffee light 'cause I'm not fucking pretentious
Say that I _____ for fun
But haven't read in months
Say that I'm _____ down
But I blacked out at brunch

I swear _____ was yesterday
But now I'm closer to _____
I'm focusing all of my energy on just staying awake

Oh, I don't need to keep
Making it about me
Everybody feels like this at _____
I know I'm not _____
But I'm a drama queen
I don't why I'm surprised
It's just a _____ life crisis

I'm constantly symptomatic
Mom _____ it's psychosomatic
That I'm the girl that _____ headache
I'm melodramatic as hell
Where's all the talent that I _____ last decade
Another gifted kid that _____ out in the tenth grade

Swear that feels like yesterday
I'm just a tired old cliché
I'm focusing all of my energy _____ just being okay

Oh, I don't need to keep
Making it about me
Everybody feels like this at _____
I know I'm not unique
But I'm a drama queen
I don't why I'm _____
It's just a _____ life crisis
Oh, oh-oh
It's just a _____ life crisis

And I just _____ out
That someone from my high school is dead
And another one is married with a kid
And the rest are all lying on the internet
I fall for it every time
It feels like that falling behind

I don't need to keep
Making it about me
Everybody feels like this at _____
I know I'm not unique
But I'm a drama queen
Oh-oh
I don't need to keep
Making it about me
Everybody feels like this at _____
I know I'm not unique
But I'm a drama queen
I don't why I'm surprised
It's just a quarter _____
Everybody feels like this
It's a quarter _____
I don't why I'm surprised
It's just a quarter life _____

READING 1 : Read the lyrics and answer the questions

1. How old is she approximately?

2. What is she concentrating all her energy on?

3. What does her mom say?

4. At what age does everyone feel like "this"?

5. What did she find out about her friends from high school?

