

## Lesson C Vocabulary and Grammar

**A** Read the sentences. Circle the correct answer.

1. I eat a lot of \_\_\_\_\_. I like eggplant, carrots, and onions.  
a. vegetarian                      b. fresh                      c. vegetables
2. A \_\_\_\_\_ diet includes beans, brown rice, vegetables, and wheat bread.  
a. high-fiber                      b. high-protein                      c. home grown
3. She eats \_\_\_\_\_ vegetables from her garden all summer.  
a. frozen                      b. processed                      c. home grown
4. Kenji is a(n) \_\_\_\_\_. He doesn't eat meat, but he eats dairy products.  
a. vegan                      b. vegetarian                      c. organic
5. Eating a lot of \_\_\_\_\_ is not good for you.  
a. fresh                      b. home grown                      c. fast food
6. A \_\_\_\_\_ diet includes chicken, fish, and eggs.  
a. fast food                      b. high-protein                      c. vegan

**B** Circle the correct word.

1. **A:** How *much* / *many* cheese do you need?  
**B:** A *lot* / A *few*. I'm making six pizzas.
2. **A:** How *much* / *many* sausages do we have?  
**B:** Not *many* / *much*. There are two in the fridge.
3. **A:** How *much* / *many* milk do you usually buy?  
**B:** A *lot* / a *little* because I have four kids.
4. **A:** How *much* / *many* sugar do you put in your tea?  
**B:** Not *many* / *much*. Just a little.
5. **A:** How *much* / *many* burgers are there?  
**B:** Only a *lot* / a *few*. We need to buy more.
6. **A:** How *much* / *many* rice do you want?  
**B:** Not *many* / *much*. I'm on a high-protein diet.
7. **A:** How *much* / *many* desserts do we need?  
**B:** Not *many* / *much*. My friends are very healthy.
8. **A:** How *much* / *many* oranges do you need to make the juice?  
**B:** A *lot* / A *few*. Everyone wants some.

**C** Complete the sentences with *much*, *many*, *a lot*, *a little*, or *a few*.

1. People on high-protein diets eat \_\_\_\_\_ of meat and fish.
2. Ritika doesn't eat \_\_\_\_\_ wheat bread. She doesn't like the taste.
3. We have \_\_\_\_\_ of apples. Let's make a pie!
4. How \_\_\_\_\_ tomatoes do we need?
5. How \_\_\_\_\_ garlic do you put in the sauce?
6. Put \_\_\_\_\_ salt in the soup. Not too much!
7. Carla only eats \_\_\_\_\_ chocolate every day.
8. Can you eat nuts? The salad has \_\_\_\_\_ walnuts in it.