

Name: \_\_\_\_\_

Date: \_\_\_\_\_

## EXTREME SPORTS?



Scan the QR code to watch and listen to the video.

By watching the video please listen carefully to the reporter about the extreme spots, you have to complete the dialogue below with fill in the blank gap.

jumping and climbing

equipment

fear

Parkour

huge

water and air

Extreme

push

scared

trainers

dangerous

free

Choose from the words above to help complete the sentences you heard.

Reporter: So why do people like \_\_\_\_\_ sport?

Extreme sport's man: I think people like to \_\_\_\_\_ themselves see how far they can go to really test themselves against the elements \_\_\_\_\_.

Reporter: Parkour sometimes called \_\_\_\_\_ running is becoming popular in

London. \_\_\_\_\_ started in France and the idea is to get from one place to the other as fast as possible \_\_\_\_\_ over whatever is in a way.

Reporter: Do you need any special \_\_\_\_\_ trade?

Extreme sport's woman: As long as you've got a good pair of \_\_\_\_\_, you're fine.

Reporter: Is it difficult?

Extreme sport's woman: I wouldn't say it's difficult. It's more about the \_\_\_\_\_. If you're not \_\_\_\_\_, you can do it.

Reporter: \_\_\_\_\_ sports can be dangerous but they're also lots of fun.