

## EXERCISE 8

*Read a paragraph from an essay. Choose the correct answers to complete the sentences.*

Many young people eat less healthy food than they did in the past. Firstly/However, a lot of teenagers now prefer to eat fast food, instesd of/such as burgers, kebabs and pizzas. For example/secondly, fizzy drinks, like cola have become very popular and many young people are having these drinks instesd of/such as water. Also/However, some parents are trying to change the bad habits of their children. For example/In my opinion they are trying to stop their children from eating fast food or drinking fizzy drinks too often. Also/Finally, some parents are teaching their children how to cook healthy meals. Also/In my opinion, changing children's eating habits is not easy, but it is important for their future health.