

HOMEWORK – GRAMMAR

Adverbs of frequency

• always	100%	• I always watch TV at night.
• almost always	95%	• She almost always eats breakfast.
• usually	75%	• Mike usually gets up late.
• often	50%	• I often exercise in the morning.
• sometimes	25%	• They sometimes go to Starbucks.
• seldom	5%	• I seldom see him.
• rarely	5%	• I rarely see him.
• hardly ever	5%	• I hardly ever see him.
• never	0%	• We never come to class late.

- *Fill in the blanks below with the best adverbs of frequency (some sentences may have more than one answer).*

- My brother is never sad. He's always happy.
- I was late for work only one time last year. I'm _____ late.
- Mary failed only one test in high school. She _____ passed her tests.
- I always remember to do my homework. I _____ forget to do it.
- Steven seldom goes to a cinema. He _____ sees movies.
- Judy saw a doctor for the first time in three years. She _____ gets sick.
- I get up at five o'clock seven days a week. I _____ get up early.
- It's always hot and sunny where I live. That's why I _____ see snow.
- A: Do you ever drink coffee? B: Yes, but only _____, not often. Just a few times a week.
- My sister almost never eats burgers and fries. She _____ eats healthy foods.
- I _____ take a bus to class, maybe three or four days a week.
- A: Do you ever watch action movies? B: No, never. Well, I watched an action movie a few years ago, so I guess should say _____.

- Complete these sixteen sentences to score your knowledge of **ADVERBS OF FREQUENCY**.

1. I seldom visit my relatives, so I ... see my uncle John.
a) usually
b) almost never
c) almost always
2. I'm never late for our English class. I'm ... on time.
a) often
b) usually
c) always
3. James goes to the beach only once a year. He ... goes to the beach.
a) almost never
b) never
c) sometimes
4. My sister often ... a book in the evenings.
a) reads
b) read
c) is reading
5. I ... eat junk food because I know it's not very healthy.
a) always
b) sometimes
c) seldom
6. ... we go to the gym to exercise, maybe two or three days a week.
a) Rarely
b) Sometimes
c) Always
7. I ... watch cartoons because I hate them. News shows are much better.
a) almost always
b) sometimes
c) never
8. They always ... to bed early because they always get up early.
a) go
b) will go
c) goes
9. I went to a restaurant last week, but I ... eat at home.
a) usually
b) seldom
c) always
10. She doesn't ... finish work early because she is often busy.
a) never
b) usually
c) always
11. It ... snows where I live, so I never make a snowman.
a) sometimes
b) never
c) always
12. We visit our grandparents three or four times
a) the month
b) month
c) a month
13. He almost never sees a doctor because he is ... sick.
a) almost always
b) usually
c) seldom
14. Do you ... travel to other countries on your summer holiday?
a) ever
b) never
c) how often
15. I ... study very hard, so I usually get high grades in school.
a) always
b) rarely
c) almost never
16. He's never angry. He ... has a smile on his face.
a) never
b) always
c) seldom

- **Answer the questions about you. Use adverbs of frequency in your answers.**



1. What do you **always** do on the weekend?

2. What do you **almost always** do in the evenings?

3. What time do you **usually** get up in the mornings?

4. Where do you **often** go after class?

5. Where do you **sometimes** eat lunch?

6. What do you **hardly ever** do in your free time?

7. Who do you **seldom** talk to?

8. What do you **never** watch on TV?
