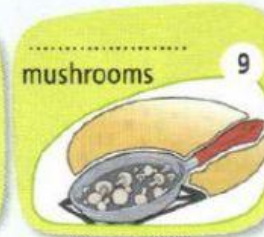
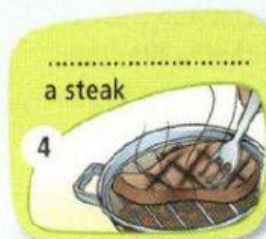
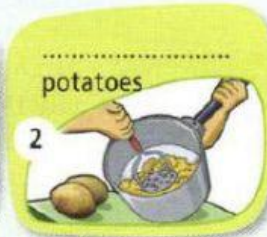


Cooking Methods

1 Look at the pictures and complete the gaps with the right word.

- mash • peel • simmer • bake • grate • stir • fry • grill
- slice



2 Match the instructions to the pictures.



Scrambled eggs on toast



- Break the eggs.
- Add 50 ml of milk.
- Beat well.
- Melt butter in a pan.
- Pour butter in the egg mixture.
- Pour mixture into a frying pan and stir constantly. Leave on the heat until done.
- Serve with two slices of toast.

3 Read the recipe and choose the correct word.

Pasta in Tomato Sauce

- First, **wash/grease** the vegetables.
- Then, **chop/peel** two onions into small pieces.
- Fry/Bake** the onions in olive oil.
- Add/Put** three chopped tomatoes and some oregano and let the sauce simmer for 20 minutes.
- Boil/Mix** 500 g pasta in water for around 10 minutes.
- When it is ready, **drain/pour** the water.
- Put/Add** the pasta on a plate and top it with sauce.
- Finally, **sprinkle/beat** some cheese on top and serve.

Speaking

4 Match the cooking methods to the foods. Which is your favourite way to eat these foods? Discuss with your partner, as in the example.

- fried
- baked
- boiled
- grilled
- roast
- scrambled
- mashed
- steamed

- A potatoes
B eggs
C vegetables
D fish
E beef
F rice

A: How do you like to eat potatoes: boiled, mashed or fried?

B: Actually, I prefer roast potatoes. etc

Writing 2h

An email about a favourite dish

- 1 Read the writing tip. Find examples of informal style in Maria's email.

Writing Tip

Using informal style

When we write emails to friends or relatives, we use informal style. This includes informal greetings/closing remarks (*How are you? That's all for now!*), short forms (*It's delicious!* NOT: *It is*) and everyday vocabulary and expressions (*How are things? How about you?*). We may also omit pronouns (*Hope you are well!*).

Hi James,

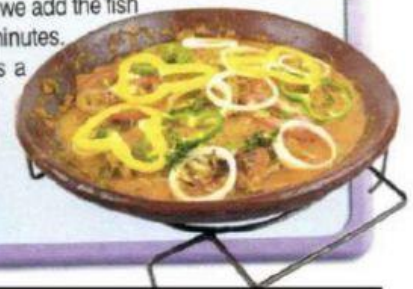
1 Great to hear from you! So, you want to know about my favourite dish from my country. Well, it's a traditional dish called Moqueca and it's very popular here in Brazil.

2 Moqueca is a spicy seafood dish with fish, onions, tomatoes, peppers, chilies, garlic and herbs. It's very easy to make. First, we chop the vegetables and fry them with the garlic and herbs. Then, we add the fish and boil everything slowly for about five minutes.

We usually serve this stew with rice. This is a very tasty dish! Hope you can try it one day!

3 How about you? Do you have a favourite dish from your country?

Write soon,
Maria



- 2 Read again and match the paragraphs to the headings.

- A closing remarks
B opening remarks & reason for writing
C description of how to make the dish

- 3 Complete the sentences with the words in the list.



- It's a very dish with a lot of chili peppers in it.
- This dish is usually quite It has a lot of salt in it.
- You can add yogurt and milk to the sauce to make it
- You must try this. It's absolutely
- There's a lot of sugar in this dessert so it's very

- 4 Read the rubric and look at the underlined words. Then answer the questions.

This is part of an email from your English pen friend, Georgia. Write an email in reply (80-100 words).

I'm doing a school project about food around the world. What's your favourite dish from your country? What are the ingredients? How do you make it? What does it taste like?

- What are you writing?
- Who are you writing to?
- What must you include?
- How many words should you write?

Writing (an email about a favourite dish)

- 5 Write your reply to Georgia's email. Follow the plan below.

Plan

Hi

Para 1: opening remarks, reason for writing, name of dish (*How are you? So, you want to know ... Well, it's a dish called ...*)

Para 2: type of dish, ingredients, how to make it, how you serve it (*It's a ... dish. It's got ... First, we ... Then, ... We usually serve it ...*)

Para 3: closing remarks (*How about you? ...*)

Language Review 2

- 1 Put the words into the correct categories. Add one more word to each category.

• broccoli • beef • apple pie • lamb • milk
• banana • coffee • cabbage • chicken
• chocolate brownie • strawberries • cola
• tea • salmon • ice cream • waffles



- 2 Choose the correct words.

The drive-through restaurant is one of the USA's great traditions. It's unusual because the 1) waiters/customers don't usually go inside! They drive up to a speaker outside the restaurant, 2) grab/order their food from a worker and get it from a window. Customers can go inside and eat at a 3) table/booth, but taking your food to go is more 4) famous/popular. Drive-throughs are very popular in the USA and sell a wide 5) range/type of 6) extra/fast food, like burgers and fries.

- 3 Circle the odd word out.

- 1 tub – carton – jar – jam
- 2 protein – bones – muscles – skin
- 3 boil – fry – order – grill
- 4 pepper – onion – prawn – celery
- 5 salty – fried – sweet – creamy

Collocations

- 4 Fill in: *side, fast, top, jacket, scrambled, cherry, frying, reduce, bunch, cold.*

- | | |
|----------------|---------------------|
| 1 drinks | 6 potato |
| 2 chef | 7 food |
| 3 eggs | 8 pie |
| 4 order | 9 diseases |
| 5 pan | 10 of bananas |

Prepositions

- 5 Choose the correct preposition.

- 1 Visitors buy local products made **of/from** oranges.
- 2 There's a great choice **of/from** snacks to choose **of/from**.
- 3 Ann's is famous **for/of** its delicious cherry pie.
- 4 Chocolate contains a high amount **of/with** fat.
- 5 Serve the stew **by/with** rice.

GAME

In teams, make sentences. Use words/phrases from the list below. Each correct sentence gets one point. The team with the most points wins.

• resort • boiled egg • dessert • poultry • creamy
• drinks aisle • dairy products • frozen food • grill
• salty • tub of ice cream • loaf of bread • protein
• deep fried • baked goods • serve • dish
• scrambled eggs • customers • menu • chop
• low-fat • spicy • breathe

Quiz

Read through Module 2 and answer the questions. Now write a quiz of your own. Give it to your partner. Check his/her answers.

- | | |
|--|---|
| 1 How many tons of fruit do they use in the Menton Lemon Festival? | 5 How much energy does our brain use? |
| 2 In which section can you find yogurt in a supermarket? | 6 What can you do at Huntington's Kitchen? |
| 3 What is a chippy? | 7 What does red meat contain? |
| 4 What can you eat in an ethnic restaurant? | 8 How many bones are there in the human body? |
| | 9 What does our skin do? |
| | 10 What foods have a lot of calcium in them? |