

Simple present or present progressive?

1 Complete the sentences with these words.

eat eating listen listening playing plays

- 1 Jake often _____ basketball in the evening.
- 2 He is _____ soccer right now.
- 3 Marisa doesn't usually _____ breakfast.
- 4 Ricardo isn't _____ lunch right now.
- 5 Is Donna _____ to music?
- 6 Does she usually _____ to music?

2 Choose the correct answer, a or b.

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|--|---|
| 1 What does Donna's cousin do?
a She teaches geography.
b She's teaching geography. | 4 Where are you now?
a I sit on the boat.
b I'm sitting on the boat. |
| 2 What are you doing?
a I sail to Barbados.
b I'm sailing to Barbados. | 5 What do you do in the evening?
a I listen to the radio.
b I'm listening to the radio. |
| 3 What time do you usually get up?
a I get up at seven o'clock.
b I'm getting up at seven o'clock. | 6 Are you having fun?
a Yes, I have a wonderful time.
b Yes, I'm having a wonderful time. |

3 Complete the sentences with the correct form of the verbs in parentheses.

- MARISA Hi, Donna! What are you (1) _____ (do)?
- DONNA I'm (2) _____ (read) an e-mail from my cousin.
- MARISA What's she (3) _____ (do)?
- DONNA She's (4) _____ (sail) from Miami to Barbados.
- MARISA Cool! What does she usually (5) _____ (do)?
- DONNA She's a teacher. She (6) _____ (work) in a school.
- MARISA Does she (7) _____ (enjoy) her job?
- DONNA Yes, she does.
- MARISA And is she (8) _____ (enjoy) the trip?
- DONNA Yes, she says she's (9) _____ (have) a wonderful time.

A. Complete the following sentences with the Present Continuous (affirmative).

1. Richard _____ (have) a shower now. He can't come to the phone.
2. Anna _____ (watch) a film.
3. Look, Michael _____ (play) football over there. Let's talk to him.
4. The baby _____ (sleep) now. Don't make so much noise.
5. Look at all those people over there. I don't know what _____ (happen).
6. They _____ (run) around the park.
7. At the moment I _____ (read) a book about vampires. It's fantastic!
8. Oh no! It _____ (rain)!
9. Where are Paul and Kate? They are over there. They _____ (wait) for the bus.
10. I can't go now. I _____ (do) my homework.

B. Choose the best option: the Present Simple or the Present Continuous.

1. I often _____ tennis.
a) play b) plays c) am playing
2. Mary _____ a computer game now.
a) play b) plays c) is playing
3. My brother never _____ our mother with the dishes.
a) help b) helps c) is helping
4. Now I _____ my homework.
a) do b) am doing c) is doing
5. I _____ up early every day.
a) wake b) wakes c) am waking



C. Complete the sentences with the correct form of the Present Simple or the Present Continuous.

1. Tom usually _____ (play) football, but today he _____ (play) basketball.
2. I usually _____ (watch) TV, but today I _____ (play) computer games.
3. They _____ (swim) in the lake now, but usually they _____ (swim) in the swimming pool.
4. Sophie usually _____ (walk) to school.
5. My mother usually _____ (drink) coffee, but today she _____ (drink) tea.
6. Ted _____ (wash) the car now, but his father usually _____ (wash) it.
7. I _____ (listen) to music every day.
8. Look, Silvia _____ (cry). Let's see what's wrong.



9. That Maths exercise that you _____ (do) looks very difficult.
10. He usually _____ (go) jogging on Sundays.
11. I _____ (read) this fantastic book now.
12. Peter always _____ (do) his homework before dinner.
13. They _____ (clean) their bedroom every weekend.
14. My father _____ (cook) really well.

D. Match in order to make complete sentences.

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|-------------------------------------|--------------------------|---------------------------------------|
| 1. Michael is drinking water | ☐ | a. because he has a test tomorrow. |
| 2. Philip is studying | ☐ | b. on the phone. |
| 3. Annie is writing on her computer | ☐ | c. because he's thirsty. |
| 4. Paul is sleeping | ☐ | d. because he's tired. |
| 5. Rachel is talking to her mother | ☐ | e. and sending emails to her friends. |
| 6. While I'm doing my homework | ☐ | f. my mother is cooking dinner. |

E. Look at the pictures and answer the questions.

 e.g. Are John and Julie writing? No, they aren't. They're speaking.	1. Is Susie playing the guitar?  _____ _____
2. Are they playing tennis?  _____ _____	3. Is she eating an ice cream?  _____ _____
4. Are you dancing? _____ _____ 	