

Інтелектуальна гра: "Meals. British Cuisine"

I.

1) Brainstorming.

1. What is your favourite fruit?
2. How many meals a day do you have?
3. What is your favourite milk product?
4. What is your favourite local dish?
5. Do you like fizzy drinks?
6. What do you like for breakfast?
7. What do you like for the first course?
8. Where do you have your dinner?
9. What do you like for supper?
10. What is your favourite dessert?
11. What do you like for the second course?
12. What is your favourite dish?
13. What food is not good for us?
14. What food is very good for us?

2) Play the game "Can you name ..."

1. Can you name five things to drink.
2. Can you name five things with sugar?
3. Can you name five things made of milk?
4. Can you name a sort of fruit beginning with "A".
5. Can you name a famous red Ukrainian soup?
6. Can you name a sweet substance that you spread on bread made by boiled apples and sugar.
7. Can you name a fruit which green inside and brown outside.
8. Can you name five vegetables you can put in a salad?
9. Can you name a traditional British dish beginning with "P"?
10. Can you name sugary sweet for kids beginning with "I"?

3) Vocabulary Practice

1) T: Look at the screen

Your task is to complete the sentences with the adjectives from the box:
fresh, frozen, home – made, low – fat, raw, spicy, sweet, takeaway.

- 1 Food which is kept very cold is
- 2 These eggs are, I bought them today.
- 3 I like my mum's cooking. food is always the best.
- 4 This tea is very You have put too much sugar in it.
- 5 Indian food like curry is very
- 6 food is food you buy at a restaurant and take home to eat.
- 7 Sushi is made with fish.
- 8 People on a diet often try to eat food.

4) Reading.

Reading and analyzing the text "English Cookery and Meals"

"English Cookery and Meals"



With the exception of breakfast meals in England are much the same as in another countries. The usual meals in Great Britain are breakfast, lunch, tea and dinner. Breakfast time is between 7 and 9 a. m. Many people like to begin it with porridge. English people eat porridge with milk or cream and sugar, but the Scots —and Scotland is the home of porridge — never put sugar in it.

Then comes bacon and eggs, marmalade with toast and tea or coffee.

For a change you can have a boiled egg, cold ham or perhaps fish.

The two substantial meals of the day, lunch and dinner, are more or less the same.

Lunch is usually taken at one o'clock.

Many people, who go out to work, find it difficult to come home for lunch and go to a café or a restaurant, but they never miss a meal.

Lunch is a big meal — meat or fish, potatoes and salad, puddings or fruit are quite usual for it. In the afternoon, about four o'clock, the English have a cup of tea and a cake, or a slice or two of bread and butter.

Tea is very popular with the English; it may be called their national drink.

Tea is accompanied by ham, tomatoes and salad, bread and butter, fruit and cakes.

Dinnertime is generally about half past seven or later. In some houses dinner is the biggest meal of the day. They begin with soup, followed by fish, roast chicken, potatoes and vegetables, fruit and coffee. But in great many English homes the midday meal is the chief one of the day, and in the evening they only have light meal, for example, bread and cheese and a cup of coffee or cocoa and fruit.

Post – reading task

Task 1. Complete the sentences

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1. The usual meals in Great Britain are...
 2. English people eat porridge with...
 3. Scotland is the home of...
 4. Tea is may be called...
 5. Dinner begins with...

Task 2. Choose the right variant

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1. Breakfast time is between:
 - a) 8 and 10 a. m.;
 - b) 7 and 9 a. m.;
 - c) 9 and 11 a. m..
 2. For breakfast people in Great Britain eat:
 - a) potatoes and salad;
 - b) ham and lamb;
 - c) bacon and eggs.
 3. The two substantial meals of the day are:
 - a) breakfast;
 - b) lunch and dinner;
 - c) dinnertime and supper.
 4. British people prefer:
 - a) coffee;
 - b) cocoa;

c)tea.

5. Dinnertime is:

- a)about five o'clock;
- b)about three o'clock;
- c)after seven o'clock.

7)Game "Who is faster".

T: I would like to ask you to work in groups. Having analyzed the text we know a lot about British food. Now your task is to make three different lists answering the question: "What do British people have usually for breakfast, lunch and dinner?"

Cereal, sandwich, vegetables, tomato, pizza, porridge, cocoa, meat, fish, sausage, milk, pasta, toast with jam and marmalade, tea, bread and butter, coffee, roast chicken, bacon, potatoes, cake, cold ham, puddings, eggs, salad, fruit, soup, fruit juice, cheese.

Breakfast	Lunch	Dinner

III. Summarizing

T: Do you like our today's lesson?

T: What was informative and interesting for you today?

T: What British food do you remember?