

HUMANS

Copy the food in the correct shape. Then, complete the text.

pulses

meat

fish

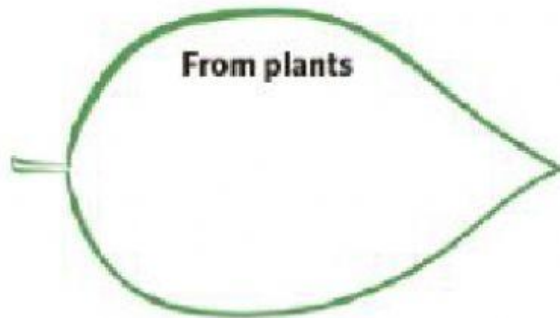
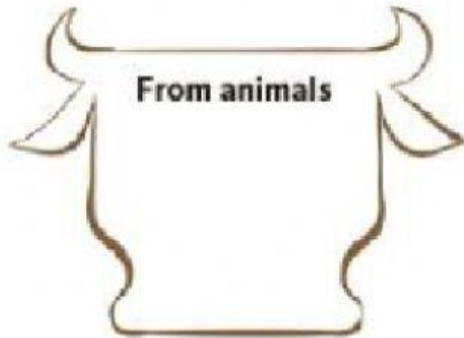
fruit

cereals

vegetables

eggs

milk



Human Nutrition

Humans eat food from _____, for example meat and _____.

Humans also eat food from _____, for example fruit and _____.

We eat at mealtimes: _____, lunch and _____.

Choose the correct answer

