READING

1 Read the article and check (✓) A, B, or C.

Everyone's a winner

Our discussion in Live Sports this week is how to be a good loser. Rebecca Coleman is a basketball referee. She describes some losers' reactions, and how bad losers can learn to react positively.

How do you react if you lose a soccer game? What do you do if you are last in a race? If you react positively when you lose, you are a good loser. If there were more athletes like you, my job would be a lot more enjoyable. I'm a school basketball referee, and I'm going to list a few of the reactions I've seen during basketball games this week.

1 A 15-year-old boy missed a shot, insulted me, and hit another player.

2 A 12-year-old girl stomped her feet and began to cry after her team lost the game.

3 A 17-year-old boy lay on the floor and refused to shake hands with the other team after they won the game.

4 A 14-year-old girl kicked an opponent who dribbled past her and made a basket.

5 A 16-year-old boy was emotional after losing a game. He left the team and hasn't come back.

Of course, these are only a few of the negative reactions I've seen. In my opinion, there are far too many bad losers in school basketball. And they spoil the game for the other players.

So, how can bad losers learn to be good losers? Well, the first thing to remember is that sports are like life. You can't win all the time. And if you lose, you have to make sure you lose with dignity. Secondly, if your opponent scores the winning point, learn from him. What did he do that you could try? Thirdly, losing doesn't always mean you played badly. Maybe the other team was just too good. You have to accept that sometimes you lose even if you play well. Fourthly, don't blame your defeat on someone else. And finally, remember that taking part in sports is more important than winning. Think of the other advantages of playing, and don't focus too much on the result.

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Example: You are a good loser if you have a good reaction when you don't win.

A True ☑ B False ☐ C Doesn't say ☐

1 The writer would enjoy her job more if there were more good losers.

A True ☐ B False ☐ C Doesn't say ☐

2 The 15-year-old boy scored a point.

A True ☐ B False ☐ C Doesn't say ☐

3 The 12-year-old girl cried after losing the game.

A True ☐ B False ☐ C Doesn't say ☐

4 The 17-year-old boy shook hands with his opponents.

A True ☐ B False ☐ C Doesn't say ☐

5 The 14-year-old girl hit her opponent in the face.

A True ☐ B False ☐ C Doesn't say ☐

6 The 16-year-old boy insulted the writer.

A True ☐ B False ☐ C Doesn't say ☐

7 The other players don't enjoy the games when there are bad losers.

A True ☐ B False ☐ C Doesn't say ☐

8 The writer says that life and sports are very different.

A True ☐ B False ☐ C Doesn't say ☐

9 The writer says that you can play well, but still lose.

A True ☐ B False ☐ C Doesn't say ☐

10 If you lose, you should thank your opponents.

A True ☐ B False ☐ C Doesn't say ☐

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LIVEWORKSHEETS