

3. Listen and read. Complete the text with the words from the box given below.

- three courses • the biggest meal • a snack • supper • dinner
- breakfast • fish fillets with a side dish • compote •

Meals and Cooking in Ukraine

The Ukrainians have meals four times a day and their cuisine is quite varied.

(1) is the first meal of the day. It is usually light – bread with butter or kasha (cereal) with milk. Some people may have pancakes with coffee or tea. Some people even eat soup but, of course, sandwiches and coffee are very popular.

(2) is usually in the middle of the day. It is (3) of the day. It includes (4) People have a starter (salad, cheese, etc.), soup, steaks, chops or (5) , a lot of bread and something to drink like (6)

At four or five the Ukrainians may have something for (7) : cakes with juice, tea or something of the kind.

(8) in Ukraine means one more big meal at seven.