



I find television very educational. Every time somebody turns on the TV, I go into the other room and read a book.
Groucho Marx, American comedian

Turn it off

1 VOCABULARY television

Match the **programs** to the correct type of TV.

- | | | |
|----|----------------|------------------------|
| 1 | drama series | <i>The Lost Island</i> |
| 2 | documentary | |
| 3 | sports program | |
| 4 | cartoon | |
| 5 | the news | |
| 6 | talk show | |
| 7 | reality show | |
| 8 | comedy | |
| 9 | soap opera | |
| 10 | game show | |
| 11 | movie | |

Channel 1	Channel 2
5:30 Tom and Jerry followed by Bugs Bunny	5:30 Want to be Rich? – more contestants try to win the million dollar prize
6:00 Main Street – Amanda tells Mike she's leaving and Steven hears some unexpected news.	6:00 Sports File – the latest scores and news with Jay Bartlow
6:30 Big Brother 10 – only three celebrities remain in the house. Which one will you vote for?	7:00 The World at Seven – all the latest information and stories from around the world
7:00 The Lost Island – part 2 of 8. This week's episode sees the return of the mystery woman.	7:30 Laugh a Minute – more humorous sketches from the LAM team
8:00 Jonathan Ross – tonight's guests: Tom Cruise and Paul McCartney	8:00 Life in 21st-Century China – a closer look at a growing country
	9:30 Ben Hur with Charlton Heston

2 GRAMMAR phrasal verbs

a Circle the correct form. If both are possible, circle them both.

- 1 Could you turn on the TV / turn the TV on ?
- 2 They always go out on Friday evenings / go on Friday evenings out.
- 3 I'll pick your sister up / pick up your sister at the airport.
- 4 He wants to find out the truth / find the truth out.
- 5 Here are your shoes. Put them on / Put on them.
- 6 I get along with my neighbors / get my neighbors along with.
- 7 Please turn off all cell phones / turn all cell phones off.
- 8 Didn't you hear me? Turn them off! / Turn off them!
- 9 Don't throw these papers away / throw away these papers.
- 10 Please go away / Go please away! I'm busy.

b Complete the sentences with a verb from the list and the correct pronoun. Be careful with word order.

turn off	fill out	set up	throw away
turn up	take off	look for	ask for

- 1 Please take this form with you. You need to fill it out and return it to us.
- 2 I can't hear the radio. Can you please _____?
- 3 He wasn't the only person to start the company. In fact, three people _____.

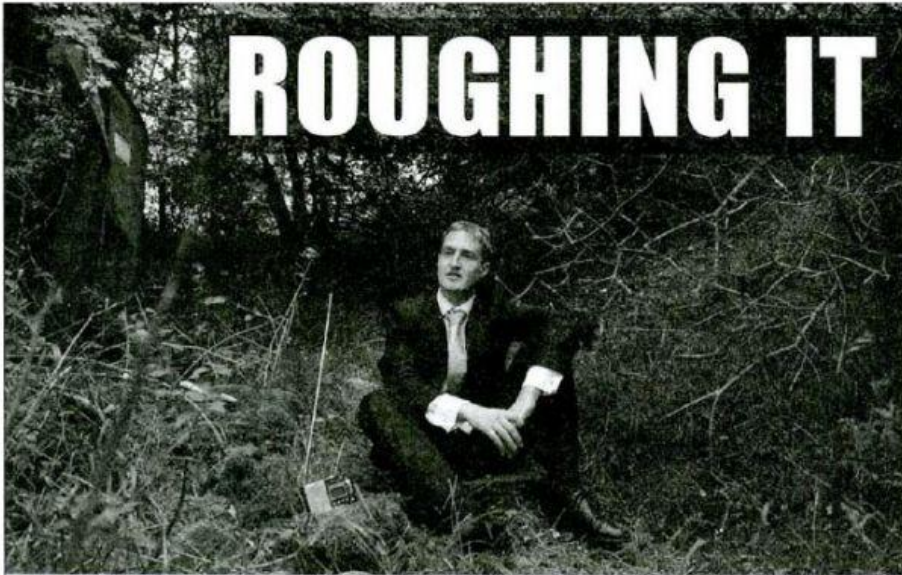
- 4 Those shoes have holes in them. I don't know why you don't _____.
- 5 A I can't find my glasses.
B I'm sure they're in your room. Go and _____.
- 6 There's nothing on TV. Can I _____?
- 7 I don't need my sweater in here as it's pretty warm. Do you mind if I _____?
- 8 They haven't brought the check yet. Can you _____?

4 READING

- a Read the text. Which definition of *roughing it* is correct?
- 1 to live a simple life working on the land and growing your own food
 - 2 to save money by buying cheaper products
 - 3 to live in a way that is not very comfortable, usually for a short time

b Check (✓) the things Hugh does now.

- | | |
|-------------------------------------|-------------------------------------|
| 1 He works out. | ☒ |
| 2 He goes out with friends. | ☐ |
| 3 He wears stylish clothes. | ☐ |
| 4 He takes a shower in the morning. | ☐ |
| 5 He watches TV in the evening. | ☐ |
| 6 He eats at a table. | ☐ |
| 7 He reads books. | ☐ |
| 8 He drives a car. | ☐ |



Hugh Sawyer wakes up at 6:00 a.m., turns on the radio, gets up, washes and shaves, eats some breakfast, and gets on the bus to London.

At work he's always dressed in a good suit, stylish tie, and polished shoes. He regularly **works out** at the gym and often

meets up with friends for drinks. In short, Sawyer leads the typical city life – with one exception. When his coworkers return home in the evening, Sawyer goes to a field in the woods near Oxford. The 32-year-old has given up every luxury to spend a year living outdoors.

"I want to make people think about how much they consume that is not necessary," said Sawyer. "I believe it is possible to do everything you normally do while **cutting back**. I have realized I can live without a television, a sofa, electricity, chairs, tables, and a fridge." Before he **took up** his new life, he cut down his belongings to just a radio, a few clothes, books, and photos. At night he has a sleeping bag and a small stove. Despite the difficulties, Sawyer is enjoying his challenge. His original plan was to live outdoors for six weeks, but he decided to **keep on** after finding it "pretty easy."

However, Sawyer still hasn't experienced a winter outdoors. He admits he is nervous. "It'll be dark when I get up and go to sleep and it'll be miserable and wet." But a bigger problem might be returning to full-time city life. "The real question is what happens when he finally stops," said psychologist John Collings. "If he **puts up with** it for a year, it will be difficult to go back to the noise of the city."

c Match **highlighted** phrasal verbs from the text to the correct meaning.

- | | |
|---|-------|
| 1 continue | _____ |
| 2 get together with other people | _____ |
| 3 reduce, use or do less | _____ |
| 4 do physical exercise | _____ |
| 5 start, e.g., a new activity | _____ |
| 6 accept something that is annoying or unpleasant without complaining | _____ |

5 VOCABULARY phrasal verbs

a Complete the sentences with a verb from the list.

 take warm find give use call sold turn

- 1 They can't sell their old sofa, so they're going to give it away.
- 2 If you don't like the skirt I gave you, I can always _____ it back to the store.
- 3 Can you _____ up the radio? I can hardly hear it.
- 4 I always _____ up before I start running.
- 5 Did you _____ up a whole tank of gas on the trip?
- 6 I'm sorry, you're busy. I'll _____ back later.
- 7 I can't believe the tickets for the show are _____ out.
- 8 He has to _____ out more information before he goes to the police.

b Replace the underlined phrase with its opposite from the list.

 take out turn on check in speed up
~~pick-up~~ come in

- 1 That box must be very heavy.
I'll help you put it down. pick it up
- 2 The soap opera is starting on Channel 1. Let's turn it off. _____
- 3 Our bank account total has changed. Have you put any money in it, recently? _____
- 4 Have you checked out at the front desk yet? _____
- 5 Can you ask them to go out through the back door? _____
- 6 He asked the taxi driver to slow down. _____