

salary or high status if you don't like your job? You should consider your personality, find out what you are very good at doing, and then find the right career to go with all this. Too many people choose a career because it pays well. Too often, they find they don't like their jobs. But by then they feel like they're in a trap, and they can't escape. Finding a good career is important. Think about it and choose carefully.

Unit 29 Body Language

G : Did you know that words are not the only thing we use to communicate? Most of our messages are sent through body language. Only about 10 percent of communication is done through the actual words of a conversation. Isn't that strange? If we understand body language well, we can learn a lot more about what other people really think. We can also use body language to send the right message to others. Have you ever felt dislike for someone without knowing why? Well, he or she might have been sending out a negative message through body language.

What kind of things should you look for if you want to understand body language? First, look at people's eyes. If people are lying, they may not look directly at the person they are talking to, and the pupils of their eyes may shrink. Next, look at people's arms. Arms crossed in front of the body might mean a person is unfriendly or afraid. He or she might be trying to say, "Stay away." If the arms are by the side or at the back of the body, the person might be saying, "Come closer. I won't hurt you." But keep in mind that there is no accurate way to interpret body language all the time. Sometimes, talking is still the best way to communicate. However, knowing about body language will improve the way you communicate and help you understand other people better.

Unit 30 Veterinarians

M: If you like animals and science, you might want to be a veterinarian. Veterinarians are animal doctors. They take care of sick and injured animals. Like doctors, vets perform surgery and

give medicine.

When an animal is sick, vets examine it to find out why. They look for clues in the way an animal looks and acts. For example, if a dog is walking in a strange way, it might have injured its leg. Vets need to observe animals carefully, since animals cannot speak to tell anyone what is wrong.

Vets prevent health problems in animals by giving vaccinations and check-ups and fixing teeth. They also teach owners how to feed and train their animals. Vets use special tools to perform surgery. They fix broken bones, take out tumors, take X-rays, and treat wounds.

Most vets treat small pets, including dogs and cats. A few vets focus on large animals, such as sheep, cows, and horses. Large-animal vets usually drive to ranches and stables where their patients live. Often, they help when the animals give birth. Vets who work with large animals often work outside in all kinds of weather.

A few vets work in zoos and aquariums. They care for zebras, sharks, and other wild creatures. Because animals can get sick at any time, vets often work long hours. Many vets like their work because they can be with animals every day, even though sick animals can sometimes bite or kick their vets.

Sports and Health

Unit 31 I Feel Awful!

B : Mom, I feel awful, I think I'd better stay home from school today.

W: I'm sorry you're not feeling well. What's the problem?

B : I have a stomachache, my head hurts, and I have a sore throat.

W: Well, we'd better take your temperature and make sure you don't have a fever. Keep this thermometer under your tongue for a minute or two. Remind me to call your teacher and tell her you're sick later on today. All right, let's check. Oh dear, you've got a fever. Your temperature is 103, so I think we need to give Dr. Thompson a call.

- B : I don't understand how my head can be so hot when my body feels so cold.
- W : That's called the chills, and they often come along with fever. You've certainly got a fever.
- B : But what about my stomachache, and my sore throat?
- W : Well, that's another reason we need to go see Dr. Thompson, because when you have a stomachache, fever, chills, and a sore throat, it usually means that you have something more serious than a common cold. I think you've probably got the flu.
- B : I hope it's not too serious, because we've got a basketball game Thursday, and the coach told me that I'll probably start.
- W : If you want to recover from the flu in time for your game, you'd better get plenty of rest, take the medicine the doctor gives you, and drink plenty of water.
- B : I promise I will, Mom. Let's go and see Dr. Thompson now.

Unit 32 Why Do We Sneeze?

- G : A sneeze is a very interesting thing. We use many different muscles when we sneeze. These include stomach muscles, throat muscles, and eye muscles. Remember, our eyes always close during a sneeze.

A sneeze begins when something gets inside your nose, like a tiny particle of dust. Your nose sends a message to your brain. Your brain sends messages to the muscles, getting them to work together in the correct order. When you sneeze, the dust that was in your nose flies out as fast as 100 miles an hour! Usually something like dust or cold air makes us sneeze, but some people sneeze whenever they look at the sun. Some people think that your heart stops when you sneeze. Actually, it really doesn't, but sometimes it might feel like it does.

After someone sneezes, people often say "Bless you," or "God bless you." To bless someone means to wish them good and special things. Why do people say this? Long ago, people believed that this saying kept bad things from flying down your throat. Another story is that people thought this saying would help keep the person who sneezed from getting a very

serious disease called the plague. At that time, the plague was killing thousands of people. It was thought that saying "God bless you" would protect people from getting this awful disease. Today, the saying is simply a nice way to wish someone well.

Unit 33 Skiing and Snowboarding

- B : My name is Michael Bryce, and I love to ski and snowboard. I am 16 years old, and I have been skiing since I was five, and snowboarding since I was eight. Both my parents like skiing, and my older brother likes snowboarding.

In my opinion, snowboarding is more fun and exciting than skiing. When I ski, it feels really easy to control where I go and how I move. The ski poles make it very simple to change my direction. There are no poles in snowboarding, however, so when you snowboard, you have to understand the snow very well to make sure you don't fall. The feeling I get while I'm snowboarding is more exciting than when I'm skiing, because I like having less control. I enjoy the challenge. I never know what's going to happen. This makes it more exciting!

Some people think that the reduced amount of control in snowboarding makes the sport more dangerous. But in my opinion, snowboarding is actually safer than skiing, because when you ski, you are standing on two skis. If you fall while on skis, it is very easy to break your bones by getting your skis stuck in the snow. On a snowboard, your legs stay together even when you fall. While I still love to ski, I like snowboarding much better. It is more fun and exciting, and maybe even safer, than skiing.

Unit 34 A Nice Cup of Tea

- M : Could I offer you a cup of tea?
- W : Yes, thank you very much. What kind do you have?
- M : I have Earl Grey, English Breakfast, Irish Breakfast, and Darjeeling.
- W : Those are all black teas. Do you have any green tea?
- M : I'm sorry, I don't really like green tea.