

Grammar

- 1 Complete the text with the simple past form of the verbs in parentheses.



In 2013, Aleksander Doba ¹ _____ (cross) the Atlantic Ocean in a kayak. He ² _____ (start) his trip in Lisbon, Portugal, and he ³ _____ (arrive) in Florida six months later. He ⁴ _____ (travel) 12,427 kilometers (7,722 miles). It ⁵ _____ (be) a difficult journey. His kayak ⁶ _____ (break) near the Bahamas, so he ⁷ _____ (stop) to fix it. He also ⁸ _____ (have) other challenges—his satellite phone ⁹ _____ (not work) for 47 days, so he ¹⁰ _____ (not have) any communication. Aleksander ¹¹ _____ (be born) in Poland in 1946, and he ¹² _____ (not begin) kayaking until the age of 34.

- 3 Circle the correct options.

The sun ¹ *shone / was shining* as the plane turned onto the runway. During take-off, the passengers inside the plane sat quietly. They ² *took / were taking* their first parachute jump. Everyone ³ *was / was being* nervous, and no one ⁴ *said / was saying* a word. When the plane ⁵ *reached / was reaching* the correct height, their teacher shouted, "OK, everyone. It's time to jump!" She ⁶ *opened / was opening* the door on the side of the plane and, in the next moment, everyone ⁷ *jumped / was jumping* out of the plane toward the ground.

Vocabulary

- 4 Complete the sentences with these words.

challenging	experienced	intelligent
kind	patient	positive

- 1 Don't get angry when things don't happen as fast as you want. Learn to be _____.
- 2 He's a very _____ climber. He started mountaineering when he was a child.
- 3 It's very _____ of you to help me with my homework.
- 4 Even when things go wrong, it's important to stay _____.
- 5 My friend is the most _____ person in our class. She always gets 100% on tests.
- 6 Finishing the marathon was very _____, but I did it in the end.