MY HEALTHY LUNCH

1. Choose food and drink for a healthy lunch. Tick 6 items:

meat	rice	nuts	fruit
fish	salad	water	yoghurt
pasta	vegetables	juice	biscuits
bread rolls	raisins	milk	puddings

REMEMBER!: There is... (singular)

There are...(plural)

2. Plan and write.

-There _____

-There _____

-There _____

-There _____

-There _____

-There _____