Worksheet No. 1

NAME: _____ DATE: _____
SECTION: _____ REMARKS: _____

EINSTEIN SCHOOL CEBU

I. Directions: Identify if the following movement skills. Write **PS** if it's using personal space and **GS** if general space.

1. running around the playground – _____
2. standing in front of the counter– _____
3. playing hopscotch – _____
4. drinking milk – _____
5. sweeping the dust off the floor – _____

II. Directions: Identify if the following situations show low, medium, or high level of movement. Write your answer in the box.

1. Ahlia accidentally drops her pencil on the floor. She bends down to reach her pencil.

Answer:_____

2. Benz is playing basketball with his daddy. He tries to jump and shot the ball.

Answer:_____

3. George helps his mommy in cleaning the table after they cooked cookies.

Answer:_____

4. Arch saw a mango tree in their backyard. He went there and he tried to jump to pick some fruits.

Answer:_____

LIVEWORKSHEETS