

## Unit 1. Me, myself and I

### Present Perfect

We use the **present perfect tenses** to connect the present with the past.

*The email has just arrived* (it was sent in the past and it is here now).  
*She has been looking for him for months* (she started looking for him in the past and is still looking for him).  
*I've been hanging out with Jade for some time now* (I started hanging out with her in the past and I still am now).

PRESENT PERFECT SIMPLE	PRESENT PERFECT CONTINUOUS
<p>Have/has + past participle</p>	<p>Have/has + been + v + ing</p>
<p>1. Something that happened at an <b>unspecified</b> time in the past. <i>Tom has read many books.</i></p> <p>2. <b>Unfinished period</b> of time. <i>We haven't seen her today.</i></p> <p>3. A <b>recent event</b> with connection to the present. <i>I have just fallen down.</i></p> <p>4. We use it to focus on the <b>result</b> of the action. <i>I have painted my living room.</i></p> <p>5. We use it to talk about <b>how many times.</b> <i>They've met three times.</i></p>	<p>1. <b>Repeated</b> actions in the past. <i>My sister has been posting pictures.</i></p> <p>2. To focus on the <b>duration</b> of the action. <i>I have been painting the living room all morning.</i></p> <p>3. When we see the results (<b>see, hear, smell, hear</b>) of the action. <i>I've been eating dinner, so there are plates all over the table.</i></p> <p>4. To emphasize that something is <b>temporary</b>. <i>She's been running a lot recently. (She doesn't usually do this).</i></p>

## 1. Complete the sentences with PPSimple or PPCcontinuous.

- a. Beatrice ..... (read) for half an hour.
- b. Laura ..... (write) 5 letters.
- c. I ..... (work) on this project for less than an hour, so I still ..... (not / prepare) all the documents.
- d. Ralph is tired because he ..... (not / sleep) for 26 hours.
- e. I ..... (wait) for you the whole morning.
- f. How long ..... (you / smoke) here? It smells really bad!
- g. Mary ..... (already / finish) all her exercises.
- h. I ..... (study) all day, but I am afraid I ..... (learn/not) much.
- i. Andrew ..... (eat) two bars of chocolate today.
- j. The boy's clothes are dirty because he ..... (play) in the mud.
- k. I ..... (arrive/just) at the station.
- l. We are exhausted because we ..... (do) exercise all morning.
- m. Edward feels a bit unsteady because he ..... (cycle/not) for five years.
- n. How long ..... (you/work) for this company?
- o. The kids ..... (finish/not) their homework yet.
- p. Niall ..... (watch) the film seven times.
- q. I ..... (not find) out the answer yet.
- r. I ..... (play) soccer for two hours!

## 2. Complete the sentences with PPSimple or PPContinuous.

**Robin:** I think the waiter (forget)  us. We (wait)  here for over half an hour and nobody (take)  our order yet.

**Michele:** I think you're right. He (walk)  by us at least twenty times. He probably thinks we (order, already)

**Robin:** Look at that couple over there. they (be, only)  here for five or ten minutes and they already have their food.

**Michele:** He must realize we (order, not)  yet! We (sit)  here for over half an hour staring at him.

**Robin:** I don't know if he (notice, even)  us. He (run)  from table to table taking orders and serving food.

**Michele:** That's true, and he (look, not)  in our direction once.