METRO LEVEL 1 . WATCH 8

Watch

Health and fitness in New York



Before you watch

1 Match the pictures A–D with the descriptions 1–4.









1 You can jog or just relax in the park. B
2 People eat fast food on the street. ___
3 You can rent a bike. ___
4 People use their cars a lot. ___

While you watch

Video **Watch the preview video. Check (✓) the things that you see.**

1	traffic	☑
2	people taking the subway	☐
3	a basketball game	☐
4	people working out	☐
5	people climbing in the mountains	☐
6	people jogging	☐
7	friends relaxing together	☐
8	a martial arts class	☐
9	people riding bicycles	☐
10	people eating outdoors	☐

MICHAEL BLOOMBERG BECAME MAYOR OF THE CITY IN 2002 . HE HELPED THE PEOPLE IN NEW YORK TO STAY IN SHAPE. WRITE THREE THINGS PEOPLE DO IN NEW YORK

1.....

2.....

3.....

LIVEWORKSHEETS