

W Watch

Health and fitness in New York



Before you watch

1 Match the pictures A–D with the descriptions 1–4.



- 1 You can jog or just relax in the park. B
- 2 People eat fast food on the street.
- 3 You can rent a bike.
- 4 People use their cars a lot.

While you watch

Video Watch the preview video. Check (✓) the things that you see.

- 1 traffic
- 2 people taking the subway
- 3 a basketball game
- 4 people working out
- 5 people climbing in the mountains
- 6 people jogging
- 7 friends relaxing together
- 8 a martial arts class
- 9 people riding bicycles
- 10 people eating outdoors

MICHAEL BLOOMBERG BECAME MAYOR OF THE CITY IN 2002 . HE HELPED THE PEOPLE IN NEW YORK TO STAY IN SHAPE. WRITE THREE THINGS PEOPLE DO IN NEW YORK

- 1.....
- 2.....
- 3.....