

UNIT 2: HEALTH

TEST 1

I. Choose the words whose underlined part is pronounced differently from that of the others in each group.

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|----------------------------------|--------------------------------|------------------------------|------------------------------|
| 1. A. <u>f</u> ast | B. st <u>a</u> y | C. t <u>a</u> ke | D. l <u>a</u> zy |
| 2. A. <u>i</u> ce cream | B. med <u>i</u> cine | C. v <u>i</u> tamin | D. <u>l</u> ife |
| 3. A. <u>h</u> and | B. <u>h</u> urt | C. <u>h</u> our | D. <u>h</u> earth |
| 4. A. <u>s</u> leep | B. <u>s</u> oda | C. <u>s</u> ick | D. <u>s</u> ugar |
| 5. A. <u>h</u> eadache | B. <u>m</u> eat | C. <u>e</u> at | D. <u>w</u> eak |
| 6. A. <u>m</u> ountain | B. sh <u>o</u> uld | C. <u>f</u> ound | D. <u>a</u> bout |
| 7. A. n <u>e</u> ws | B. th <u>i</u> ngs | C. st <u>u</u> dents | D. br <u>a</u> ins |
| 8. A. v <u>e</u> getables | B. sm <u>o</u> othies | C. l <u>i</u> festyles | D. l <u>u</u> nches |
| 9. A. r <u>e</u> sted | B. <u>a</u> s <u>k</u> ed | C. h <u>e</u> lp <u>e</u> d | D. p <u>l</u> ac <u>e</u> d |
| 10. A. s <u>o</u> und <u>e</u> d | B. p <u>r</u> esent <u>e</u> d | C. v <u>i</u> sit <u>e</u> d | D. ch <u>e</u> ck <u>e</u> d |

II. Choose the best answer to complete each sentence.

11. How much exercise _____ your brother do every week?
A. do B. does C. did D. is
12. Let's go to the _____. I would like to eat seafood.
A. restaurant B. cafeteria C. sports center D. school
13. I have a lot of energy and I can do a lot of work. I feel _____.
A. weak B. unhealthy C. strong D. tired
14. She feels hot and sick. I think she has _____.
A. a fever B. a headache C. earache D. sore eye
15. We don't enjoy _____ fast food. It isn't good for our health.
A. eat B. ate C. eaten D. eating
16. How much soda _____ you drink every week?
A. do B. did C. does D. are
17. My mother doesn't eat _____ junk food.
A. some B. any C. a little D. many
18. Fast food is _____ for children.
A. healthy B. unhealthy C. good D. better
19. My sister should _____ medicine because she has a fever now.
A. taking B. having C. have D. take
20. If you _____ vitamins every day, your skin will be very fair.
A. take B. took C. taking D. taken

III. Choose the suitable word to complete the sentences.

21. I don't eat **any/ some** fast food.
22. We should drink **any/ some** fruit juice now.
23. She doesn't do **any/ some** exercise today.
24. My brother can play **any/ some** sports such as: soccer, volleyball, badminton, table tennis...
25. She does **many/ a little** exercise in the morning.
26. How **much/ any** fruit do you eat every day?
27. We should drink **lots of/ much** water every day.
28. My daughter doesn't watch **much/ many** TV every day.
29. Tommy doesn't eat **any/ a little** salad every day.
30. How **much/ many** beer does your father drink every week?

IV. Choose the word which best fits each gap.

My friend, John, has had a few problems with his health. He didn't feel well (31) _____ he told his parents about that. His mum said, "You should eat more vegetables. You shouldn't eat (32) _____ every day." His dad said, "You should go to bed earlier. You (33) _____ stay up so late at night." He phoned me and told me about the problems. I said, "Don't play so many computer games. Go outside and play football."

He didn't go to school last week. He went to (34) _____ the doctor. The doctor said, "You should stay at home for a week. Don't go out and don't turn on your computer."

At school today, he looked sad. We asked him, "What's wrong? You should be happy. You weren't here last week."

John is (35) _____ his school work from last week. He's not happy at all.

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|-------------------|---------------|---------------------|--------------|
| 31. A. because | B. so | C. and | D. but |
| 32. A. ready food | B. fresh food | C. traditional food | D. junk food |
| 33. A. should | B. shouldn't | C. must | D. mustn't |
| 34. A. see | B. look | C. look at | D. find |
| 35. A. taking | B. making | C. doing | D. playing |

V. Rewrite the following sentences without changing the meaning.

36. My mother loves doing morning exercise.

→ *My mother is fond of* _____

37. Let's go to the cafeteria this afternoon!

→ *How* _____

38. Eating fruit and vegetables is healthy.

→ *It is* _____

39. I would like to drink some orange juice now.

→ *I want* _____

40. Don't forget to sleep at least eight hours a day. It's enough for you!

→ *Remember* _____